

# GET FIT. GET REWARDED.

## Fitness Discounts



We want you to be the healthiest you can be. That's why we're helping pay for your gym membership.

### RECEIVE \$20 A MONTH FOR WORKING OUT

All you have to do is sign up for Fitness Discounts and work out the required number of times per month at a participating fitness center. Then, wait for up to a \$20 credit\* after each month you've met the required number of workouts.

### HOW DOES IT WORK?

If you meet the required number of workouts, you will receive a monthly credit to your bank account or dues statement (check with your fitness center). There is approximately a two-month lag between the month you complete your workouts and the month you see your credit. For example, if you completed your required number of workouts in February, you should see the credit to your account in April.

### HOW DO I ENROLL?

To complete your enrollment, you will need to have your Blue Cross member ID card, as well as the routing and account numbers for your checking or savings account (if applicable).

- 1 Sign in at [bluecrossmn.com](http://bluecrossmn.com) (you'll need to register first if you haven't)
- 2 In Live Healthy, select Health Programs & Discounts
- 3 See Fitness membership discount under Save money
- 4 Follow the instructions to find a fitness center and enroll

## WHO IS ELIGIBLE?

- Qualifying adults 18 years of age or older can participate in the program
- Up to two adults per household may be covered under your plan
- Members whose Blue Cross member ID card displays the following fitness icon



Eligible Blue Cross members have this icon displayed on their member ID card

\*The amount of credit may not exceed total monthly membership dues. Credit may result in tax consequences. Call the customer service number on the back of your member ID card for questions regarding eligibility and program workout requirements.