

PHYSICAL EDUCATION MISSION STATEMENT

The mission of the Northfield K-12 physical education program is to empower all students to reach their highest level of academic and wellness potential by teaching skills and knowledge necessary to live a healthy and active life.

WE BELIEVE:

- Physical education is an integral component of the Northfield Public Schools and should be part of the daily educational experience.
- All students should have access to a quality physical education program.
- Physical activity improves academic achievement.
- Physical education develops expected social skills
- Physical education should expose students to a variety of physical activities.
- All students can improve skills, fitness, and knowledge.
- All students should be safe.
- All students can demonstrate good sportsmanship.
- All students can enjoy physical education.
- All students should demonstrate respect of self, others, and equipment.
- All students should participate/move.