

# Northfield Public Schools

Mar 1, 2017 thru May 31, 2017

## Base Menu Spreadsheet

NORTHFIELD BREAKFAST

### Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 03/01/2017																
NORTHFIELD BREAKFAST	Total	1														
smoothie, blenderless	8 oz	1	154	2	61	*13.14	1.41	128.7	516	*3.65	*N/A*	3.95	33.89	0.78	0.51	0.00
Nature Valley Thin Crisps	pkg	1	150	0	140	2.00	0.72	0.0	45	0.0	9	3.0	25.0	5.0	0.50	0.00
Cold breakfast, K-12	serving	1	222	0	286	3.23	6.24	134.7	508	4.97	16	5.62	46.82	2.15	0.40	*0.26
Fruit Choice	1/2 cup	1	41	0	4	1.02	0.11	2.9	83	1.12	*0	0.12	10.17	0.04	0.00	*0.00
Milk	1 CUP	1	127	7	179	0.00	0.00	303.1	551	2.65	18	8.82	20.39	0.96	0.69	0.00
Weighted Daily Average			694	9	671	*19.40	8.47	569.5	1704	*12.39	*43	21.50	136.28	8.93	2.10	*0.26
% of Calories											*24.8%	12.4%	78.6%	11.6%	2.7%	*0.3%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Thu - 03/02/2017																
NORTHFIELD BREAKFAST	Total	1														
Mini Pancake Wrap WG Fost Farm	.85	1	630	*N/A*	1800	*N/A*	5.40	0.0	*N/A*	*N/A*	*N/A*	33.0	*N/A*	21.0	6.00	0.00
Breakfast sandwich	sandwich	1	232	185	489	0.99	2.09	177.5	289	0.0	*N/A*	13.97	28.11	7.49	3.37	0.00
Cold breakfast, K-12	serving	1	222	0	286	3.23	6.24	134.7	508	4.97	16	5.62	46.82	2.15	0.40	*0.26
Fruit Choice	1 cup	1	82	0	8	2.05	0.21	5.9	166	2.25	*0	0.24	20.35	0.08	0.00	*0.00
Milk	1 CUP	1	127	7	179	0.00	0.00	303.1	551	2.65	18	8.82	20.39	0.96	0.69	0.00
Weighted Daily Average			1293	*192	2763	*6.28	13.94	621.2	*1515	*9.87	*34	61.65	*115.67	31.69	10.47	*0.26
% of Calories											*10.6%	19.1%	*35.8%	22.1%	7.3%	*0.2%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Fri - 03/03/2017																
NORTHFIELD BREAKFAST	Total	1														
Breakfast Bar	Servings	1	290	20	240	3.00	1.80	20.0	0	0.0	*N/A*	5.0	47.0	9.0	3.00	0.00
Cold breakfast, K-12	serving	1	222	0	286	3.23	6.24	134.7	508	4.97	16	5.62	46.82	2.15	0.40	*0.26
Fruit Choice	1 cup	1	82	0	8	2.05	0.21	5.9	166	2.25	*0	0.24	20.35	0.08	0.00	*0.00
Milk	1 CUP	1	127	7	179	0.00	0.00	303.1	551	2.65	18	8.82	20.39	0.96	0.69	0.00
Weighted Daily Average			721	27	714	8.28	8.25	463.7	1226	9.87	*34	19.68	134.56	12.19	4.09	*0.26
% of Calories											*19.0%	10.9%	74.7%	15.2%	5.1%	*0.3%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Mar 1, 2017 thru May 31, 2017

## Base Menu Spreadsheet

NORTHFIELD BREAKFAST

### Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 03/06/2017																
NORTHFIELD BREAKFAST	Total	1														
Mini pancakes, WG maple	1 serving	1	170	5	200	2.00	0.72	40.0	0	0.0	*N/A*	4.0	30.0	5.0	0.50	0.00
Cold breakfast, K-12	1 serving	1	222	0	286	3.23	6.24	134.7	508	4.97	16	5.62	46.82	2.15	0.40	*0.26
Fruit Choice	1 cup	1	82	0	8	2.05	0.21	5.9	166	2.25	*0	0.24	20.35	0.08	0.00	*0.00
MILK LOWFAT	8 oz	1	110	10	135	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			584	15	630	7.28	7.17	480.5	1175	9.62	*28	17.86	110.17	9.73	2.41	*0.26
% of Calories											*19.2%	12.2%	75.5%	15.0%	3.7%	*0.4%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Tue - 03/07/2017																
NORTHFIELD BREAKFAST	Total	100														
Pizza Brkfst Sausage 3x4 w/o E	Serving 3.2 oz	85	219	10	568	1.00	1.79	149.5	299	0.0	*N/A*	8.97	23.92	9.97	3.99	0.00
Cold breakfast, K-12	1 serving	15	222	0	286	3.23	6.24	134.7	508	4.97	16	5.62	46.82	2.15	0.40	*0.26
Fruit Choice	1 cup	100	82	0	8	2.05	0.21	5.9	166	2.25	*0	0.24	20.35	0.08	0.00	*0.00
Milk	1 CUP	100	127	7	179	0.00	0.00	303.1	551	2.65	18	8.82	20.39	0.96	0.69	0.00
Weighted Daily Average			428	15	713	3.38	2.67	456.3	1048	5.64	*21	17.53	68.10	9.84	4.14	*0.04
% of Calories											*19.5%	16.4%	63.6%	20.7%	8.7%	*0.1%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Wed - 03/08/2017																
NORTHFIELD BREAKFAST	Total	1														
Yogurt Parfait	1 serving	1	178	6	78	2.55	0.67	206.0	77	3.16	*8	7.43	32.41	2.72	1.08	*0.00
Cold breakfast, K-12	1 serving	1	222	0	286	3.23	6.24	134.7	508	4.97	16	5.62	46.82	2.15	0.40	*0.26
Fruit Choice	1 cup	1	82	0	8	2.05	0.21	5.9	166	2.25	*0	0.24	20.35	0.08	0.00	*0.00
JUICE FRUIT ASSORTED	4 fl.oz.	1	64	0	5	0.28	0.24	13.1	59	24.46	13	0.47	15.62	0.17	0.02	0.00
MILK LOWFAT	8 oz	1	110	10	135	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			656	16	512	8.11	7.37	659.7	1311	37.24	*49	21.76	128.20	7.62	3.01	*0.26
% of Calories											*29.9%	13.3%	78.2%	10.5%	4.1%	*0.4%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

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\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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### Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 03/09/2017																
NORTHFIELD BREAKFAST	Total	1														
WG French Toast Sticks	1 serving(3)	1	160	110	280	2.00	1.40	20.0	200	0.0	*N/A*	7.0	23.0	4.0	1.00	0.00
Fruit Choice	1 cup	1	82	0	8	2.05	0.21	5.9	166	2.25	*0	0.24	20.35	0.08	0.00	*0.00
MILK LOWFAT	8 oz	1	110	10	135	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			352	120	423	4.05	1.61	325.9	866	4.65	*12	15.24	56.35	6.58	2.50	*0.00
% of Calories											*14.0%	17.3%	64.1%	16.8%	6.4%	*0.0%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Fri - 03/10/2017																
NORTHFIELD BREAKFAST	Total	1														
Muffin Variety 2 oz	2 oz	1	155	35	185	2.00	3.60	200.0	1000	0.6	*N/A*	3.0	25.5	5.0	1.00	*0.00
Cheese Stick	1 oz stick	1	80	15	210	0.00	0.00	200.0	*N/A*	*N/A*	*N/A*	7.0	1.0	6.0	3.50	0.00
Cold breakfast, K-12	serving	1	222	0	286	3.23	6.24	134.7	508	4.97	16	5.62	46.82	2.15	0.40	*0.26
Fruit Choice	1 cup	1	82	0	8	2.05	0.21	5.9	166	2.25	*0	0.24	20.35	0.08	0.00	*0.00
Milk	1 CUP	1	127	7	179	0.00	0.00	303.1	551	2.65	18	8.82	20.39	0.96	0.69	0.00
Weighted Daily Average			666	57	869	7.28	10.05	843.7	*2226	*10.47	*34	24.68	114.06	14.20	5.59	*0.26
% of Calories											*20.5%	14.8%	68.5%	19.2%	7.6%	*0.3%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Mon - 03/13/2017																
NORTHFIELD BREAKFAST	Total	1														
UBR Ultimate Breakfast Round 2	Bar(67g)	1	270	0	240	6.00	2.70	40.0	0	0.0	*N/A*	4.0	44.0	8.0	3.00	0.00
Cold breakfast, K-12	serving	1	222	0	286	3.23	6.24	134.7	508	4.97	16	5.62	46.82	2.15	0.40	*0.26
Fruit Choice	1 cup	1	82	0	8	2.05	0.21	5.9	166	2.25	*0	0.24	20.35	0.08	0.00	*0.00
JUICE FRUIT ASSORTED	4 fl.oz.	1	64	0	5	0.28	0.24	13.1	59	24.46	13	0.47	15.62	0.17	0.02	0.00
MILK LOWFAT	8 oz	1	110	10	135	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			748	10	675	11.56	9.39	493.7	1233	34.08	*41	18.33	139.79	12.90	4.93	*0.26
% of Calories											*22.1%	9.8%	74.7%	15.5%	5.9%	*0.3%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 03/14/2017																
NORTHFIELD BREAKFAST	Total	1														
Mini Cinnis Pillsbury	Pkg	1	240	0	300	2.00	1.44	20.0	0	0.0	*N/A*	5.0	40.0	7.0	2.00	0.00
Cold breakfast, K-12	serving	1	222	0	286	3.23	6.24	134.7	508	4.97	16	5.62	46.82	2.15	0.40	*0.26
Cheese Stick	1 oz stick	1	80	15	210	0.00	0.00	200.0	*N/A*	*N/A*	*N/A*	7.0	1.0	6.0	3.50	0.00
Fruit Choice	1 cup	1	82	0	8	2.05	0.21	5.9	166	2.25	*0	0.24	20.35	0.08	0.00	*0.00
Milk	1 CUP	1	127	7	179	0.00	0.00	303.1	551	2.65	18	8.82	20.39	0.96	0.69	0.00
Weighted Daily Average			751	22	984	7.28	7.89	663.7	*1226	*9.87	*34	26.68	128.56	16.19	6.59	*0.26
% of Calories											*18.2%	14.2%	68.5%	19.4%	7.9%	*0.3%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Wed - 03/15/2017																
NORTHFIELD BREAKFAST	Total	1														
smoothie, blenderless	8 oz	1	154	2	61	*13.14	1.41	128.7	516	*3.65	*N/A*	3.95	33.89	0.78	0.51	0.00
Nature Valley Thin Crisps	pkg	1	150	0	140	2.00	0.72	0.0	45	0.0	9	3.0	25.0	5.0	0.50	0.00
Cold breakfast, K-12	serving	1	222	0	286	3.23	6.24	134.7	508	4.97	16	5.62	46.82	2.15	0.40	*0.26
Fruit Choice	1/2 cup	1	41	0	4	1.02	0.11	2.9	83	1.12	*0	0.12	10.17	0.04	0.00	*0.00
Milk	1 CUP	1	127	7	179	0.00	0.00	303.1	551	2.65	18	8.82	20.39	0.96	0.69	0.00
Weighted Daily Average			694	9	671	*19.40	8.47	569.5	1704	*12.39	*43	21.50	136.28	8.93	2.10	*0.26
% of Calories											*24.8%	12.4%	78.6%	11.6%	2.7%	*0.3%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Thu - 03/16/2017																
NORTHFIELD BREAKFAST	Total	1														
Mini Pancake Wrap WG Fost Farm	.85	1	630	*N/A*	1800	*N/A*	5.40	0.0	*N/A*	*N/A*	*N/A*	33.0	*N/A*	21.0	6.00	0.00
Breakfast sandwich	sandwich	1	232	185	489	0.99	2.09	177.5	289	0.0	*N/A*	13.97	28.11	7.49	3.37	0.00
Cold breakfast, K-12	serving	1	222	0	286	3.23	6.24	134.7	508	4.97	16	5.62	46.82	2.15	0.40	*0.26
Fruit Choice	1 cup	1	82	0	8	2.05	0.21	5.9	166	2.25	*0	0.24	20.35	0.08	0.00	*0.00
Milk	1 CUP	1	127	7	179	0.00	0.00	303.1	551	2.65	18	8.82	20.39	0.96	0.69	0.00
Weighted Daily Average			1293	*192	2763	*6.28	13.94	621.2	*1515	*9.87	*34	61.65	*115.67	31.69	10.47	*0.26
% of Calories											*10.6%	19.1%	*35.8%	22.1%	7.3%	*0.2%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 03/17/2017																
NORTHFIELD BREAKFAST	Total	1														
Breakfast Bar	Servings	1	290	20	240	3.00	1.80	20.0	0	0.0	*N/A*	5.0	47.0	9.0	3.00	0.00
Cold breakfast, K-12	serving	1	222	0	286	3.23	6.24	134.7	508	4.97	16	5.62	46.82	2.15	0.40	*0.26
Fruit Choice	1 cup	1	82	0	8	2.05	0.21	5.9	166	2.25	*0	0.24	20.35	0.08	0.00	*0.00
Milk	1 CUP	1	127	7	179	0.00	0.00	303.1	551	2.65	18	8.82	20.39	0.96	0.69	0.00
Weighted Daily Average			721	27	714	8.28	8.25	463.7	1226	9.87	*34	19.68	134.56	12.19	4.09	*0.26
% of Calories											*19.0%	10.9%	74.7%	15.2%	5.1%	*0.3%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Mon - 03/20/2017																
NORTHFIELD BREAKFAST	Total	1														
Mini pancakes, WG maple	serving	1	170	5	200	2.00	0.72	40.0	0	0.0	*N/A*	4.0	30.0	5.0	0.50	0.00
Cold breakfast, K-12	serving	1	222	0	286	3.23	6.24	134.7	508	4.97	16	5.62	46.82	2.15	0.40	*0.26
Fruit Choice	1 cup	1	82	0	8	2.05	0.21	5.9	166	2.25	*0	0.24	20.35	0.08	0.00	*0.00
MILK LOWFAT	8 oz	1	110	10	135	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			584	15	630	7.28	7.17	480.5	1175	9.62	*28	17.86	110.17	9.73	2.41	*0.26
% of Calories											*19.2%	12.2%	75.5%	15.0%	3.7%	*0.4%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Tue - 03/21/2017																
NORTHFIELD BREAKFAST	Total	100														
Pizza Brkfst Sausage 3x4 w/o E	Serving 3.2 oz	85	219	10	568	1.00	1.79	149.5	299	0.0	*N/A*	8.97	23.92	9.97	3.99	0.00
Cold breakfast, K-12	serving	15	222	0	286	3.23	6.24	134.7	508	4.97	16	5.62	46.82	2.15	0.40	*0.26
Fruit Choice	1 cup	100	82	0	8	2.05	0.21	5.9	166	2.25	*0	0.24	20.35	0.08	0.00	*0.00
Milk	1 CUP	100	127	7	179	0.00	0.00	303.1	551	2.65	18	8.82	20.39	0.96	0.69	0.00
Weighted Daily Average			428	15	713	3.38	2.67	456.3	1048	5.64	*21	17.53	68.10	9.84	4.14	*0.04
% of Calories											*19.5%	16.4%	63.6%	20.7%	8.7%	*0.1%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

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Wed - 03/22/2017																
NORTHFIELD BREAKFAST	Total	1														
Yogurt Parfait	1 serving	1	178	6	78	2.55	0.67	206.0	77	3.16	*8	7.43	32.41	2.72	1.08	*0.00
Cold breakfast, K-12	1 serving	1	222	0	286	3.23	6.24	134.7	508	4.97	16	5.62	46.82	2.15	0.40	*0.26
Fruit Choice	1 cup	1	82	0	8	2.05	0.21	5.9	166	2.25	*0	0.24	20.35	0.08	0.00	*0.00
JUICE FRUIT ASSORTED	4 fl.oz.	1	64	0	5	0.28	0.24	13.1	59	24.46	13	0.47	15.62	0.17	0.02	0.00
MILK LOWFAT	8 oz	1	110	10	135	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			656	16	512	8.11	7.37	659.7	1311	37.24	*49	21.76	128.20	7.62	3.01	*0.26
% of Calories											*29.9%	13.3%	78.2%	10.5%	4.1%	*0.4%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Thu - 03/23/2017																
NORTHFIELD BREAKFAST	Total	1														
WG French Toast Sticks	1 serving(3)	1	160	110	280	2.00	1.40	20.0	200	0.0	*N/A*	7.0	23.0	4.0	1.00	0.00
Fruit Choice	1 cup	1	82	0	8	2.05	0.21	5.9	166	2.25	*0	0.24	20.35	0.08	0.00	*0.00
MILK LOWFAT	8 oz	1	110	10	135	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			352	120	423	4.05	1.61	325.9	866	4.65	*12	15.24	56.35	6.58	2.50	*0.00
% of Calories											*14.0%	17.3%	64.1%	16.8%	6.4%	*0.0%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Fri - 03/24/2017																
NORTHFIELD BREAKFAST	Total	1														
Muffin Variety 2 oz	2 oz	1	155	35	185	2.00	3.60	200.0	1000	0.6	*N/A*	3.0	25.5	5.0	1.00	*0.00
Cheese Stick	1 oz stick	1	80	15	210	0.00	0.00	200.0	*N/A*	*N/A*	*N/A*	7.0	1.0	6.0	3.50	0.00
Cold breakfast, K-12	1 serving	1	222	0	286	3.23	6.24	134.7	508	4.97	16	5.62	46.82	2.15	0.40	*0.26
Fruit Choice	1 cup	1	82	0	8	2.05	0.21	5.9	166	2.25	*0	0.24	20.35	0.08	0.00	*0.00
Milk	1 CUP	1	127	7	179	0.00	0.00	303.1	551	2.65	18	8.82	20.39	0.96	0.69	0.00
Weighted Daily Average			666	57	869	7.28	10.05	843.7	*2226	*10.47	*34	24.68	114.06	14.20	5.59	*0.26
% of Calories											*20.5%	14.8%	68.5%	19.2%	7.6%	*0.3%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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# Northfield Public Schools

Mar 1, 2017 thru May 31, 2017

## Base Menu Spreadsheet

NORTHFIELD BREAKFAST

### Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 03/27/2017																
NORTHFIELD BREAKFAST	Total	1														
UBR Ultimate Breakfast Round 2	Bar(67g)	1	270	0	240	6.00	2.70	40.0	0	0.0	*N/A*	4.0	44.0	8.0	3.00	0.00
Cold breakfast, K-12	serving	1	222	0	286	3.23	6.24	134.7	508	4.97	16	5.62	46.82	2.15	0.40	*0.26
Fruit Choice	1 cup	1	82	0	8	2.05	0.21	5.9	166	2.25	*0	0.24	20.35	0.08	0.00	*0.00
JUICE FRUIT ASSORTED	4 fl.oz.	1	64	0	5	0.28	0.24	13.1	59	24.46	13	0.47	15.62	0.17	0.02	0.00
MILK LOWFAT	8 oz	1	110	10	135	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			748	10	675	11.56	9.39	493.7	1233	34.08	*41	18.33	139.79	12.90	4.93	*0.26
% of Calories											*22.1%	9.8%	74.7%	15.5%	5.9%	*0.3%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Tue - 03/28/2017																
NORTHFIELD BREAKFAST	Total	1														
Mini Cinnis Pillsbury	Pkg	1	240	0	300	2.00	1.44	20.0	0	0.0	*N/A*	5.0	40.0	7.0	2.00	0.00
Cold breakfast, K-12	serving	1	222	0	286	3.23	6.24	134.7	508	4.97	16	5.62	46.82	2.15	0.40	*0.26
Cheese Stick	1 oz stick	1	80	15	210	0.00	0.00	200.0	*N/A*	*N/A*	*N/A*	7.0	1.0	6.0	3.50	0.00
Fruit Choice	1 cup	1	82	0	8	2.05	0.21	5.9	166	2.25	*0	0.24	20.35	0.08	0.00	*0.00
Milk	1 CUP	1	127	7	179	0.00	0.00	303.1	551	2.65	18	8.82	20.39	0.96	0.69	0.00
Weighted Daily Average			751	22	984	7.28	7.89	663.7	*1226	*9.87	*34	26.68	128.56	16.19	6.59	*0.26
% of Calories											*18.2%	14.2%	68.5%	19.4%	7.9%	*0.3%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Wed - 03/29/2017																
NORTHFIELD BREAKFAST	Total	1														
smoothie, blenderless	8 oz	1	154	2	61	*13.14	1.41	128.7	516	*3.65	*N/A*	3.95	33.89	0.78	0.51	0.00
Nature Valley Thin Crisps	pkg	1	150	0	140	2.00	0.72	0.0	45	0.0	9	3.0	25.0	5.0	0.50	0.00
Cold breakfast, K-12	serving	1	222	0	286	3.23	6.24	134.7	508	4.97	16	5.62	46.82	2.15	0.40	*0.26
Fruit Choice	1/2 cup	1	41	0	4	1.02	0.11	2.9	83	1.12	*0	0.12	10.17	0.04	0.00	*0.00
Milk	1 CUP	1	127	7	179	0.00	0.00	303.1	551	2.65	18	8.82	20.39	0.96	0.69	0.00
Weighted Daily Average			694	9	671	*19.40	8.47	569.5	1704	*12.39	*43	21.50	136.28	8.93	2.10	*0.26
% of Calories											*24.8%	12.4%	78.6%	11.6%	2.7%	*0.3%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

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# Northfield Public Schools

Mar 1, 2017 thru May 31, 2017

## Base Menu Spreadsheet

NORTHFIELD BREAKFAST

### Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 03/30/2017																
NORTHFIELD BREAKFAST																
	Total	1														
Mini Pancake Wrap WG Fost Farm	.85	1	630	*N/A*	1800	*N/A*	5.40	0.0	*N/A*	*N/A*	*N/A*	33.0	*N/A*	21.0	6.00	0.00
Breakfast sandwich	sandwich	1	232	185	489	0.99	2.09	177.5	289	0.0	*N/A*	13.97	28.11	7.49	3.37	0.00
Cold breakfast, K-12	serving	1	222	0	286	3.23	6.24	134.7	508	4.97	16	5.62	46.82	2.15	0.40	*0.26
Fruit Choice	1 cup	1	82	0	8	2.05	0.21	5.9	166	2.25	*0	0.24	20.35	0.08	0.00	*0.00
Milk	1 CUP	1	127	7	179	0.00	0.00	303.1	551	2.65	18	8.82	20.39	0.96	0.69	0.00
Weighted Daily Average			1293	*192	2763	*6.28	13.94	621.2	*1515	*9.87	*34	61.65	*115.67	31.69	10.47	*0.26
% of Calories											*10.6%	19.1%	*35.8%	22.1%	7.3%	*0.2%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Fri - 03/31/2017																
NORTHFIELD BREAKFAST																
	Total	1														
Breakfast Bar	Servings	1	290	20	240	3.00	1.80	20.0	0	0.0	*N/A*	5.0	47.0	9.0	3.00	0.00
Cold breakfast, K-12	serving	1	222	0	286	3.23	6.24	134.7	508	4.97	16	5.62	46.82	2.15	0.40	*0.26
Fruit Choice	1 cup	1	82	0	8	2.05	0.21	5.9	166	2.25	*0	0.24	20.35	0.08	0.00	*0.00
Milk	1 CUP	1	127	7	179	0.00	0.00	303.1	551	2.65	18	8.82	20.39	0.96	0.69	0.00
Weighted Daily Average			721	27	714	8.28	8.25	463.7	1226	9.87	*34	19.68	134.56	12.19	4.09	*0.26
% of Calories											*19.0%	10.9%	74.7%	15.2%	5.1%	*0.3%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Mon - 04/03/2017																
NORTHFIELD BREAKFAST																
	Total	1														
Mini pancakes, WG maple	serving	1	170	5	200	2.00	0.72	40.0	0	0.0	*N/A*	4.0	30.0	5.0	0.50	0.00
Cold breakfast, K-12	serving	1	222	0	286	3.23	6.24	134.7	508	4.97	16	5.62	46.82	2.15	0.40	*0.26
Fruit Choice	1 cup	1	82	0	8	2.05	0.21	5.9	166	2.25	*0	0.24	20.35	0.08	0.00	*0.00
MILK LOWFAT	8 oz	1	110	10	135	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			584	15	630	7.28	7.17	480.5	1175	9.62	*28	17.86	110.17	9.73	2.41	*0.26
% of Calories											*19.2%	12.2%	75.5%	15.0%	3.7%	*0.4%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

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# Northfield Public Schools

Mar 1, 2017 thru May 31, 2017

## Base Menu Spreadsheet

NORTHFIELD BREAKFAST

### Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 04/04/2017																
NORTHFIELD BREAKFAST	Total	100														
Pizza Brkfst Sausage 3x4 w/o E	Serving 3.2 oz	85	219	10	568	1.00	1.79	149.5	299	0.0	*N/A*	8.97	23.92	9.97	3.99	0.00
Cold breakfast, K-12	2 oz serving	15	222	0	286	3.23	6.24	134.7	508	4.97	16	5.62	46.82	2.15	0.40	*0.26
Fruit Choice	1 cup	100	82	0	8	2.05	0.21	5.9	166	2.25	*0	0.24	20.35	0.08	0.00	*0.00
Milk	1 CUP	100	127	7	179	0.00	0.00	303.1	551	2.65	18	8.82	20.39	0.96	0.69	0.00
Weighted Daily Average			428	15	713	3.38	2.67	456.3	1048	5.64	*21	17.53	68.10	9.84	4.14	*0.04
% of Calories											*19.5%	16.4%	63.6%	20.7%	8.7%	*0.1%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Wed - 04/05/2017																
NORTHFIELD BREAKFAST	Total	1														
Yogurt Parfait	serving	1	178	6	78	2.55	0.67	206.0	77	3.16	*8	7.43	32.41	2.72	1.08	*0.00
Cold breakfast, K-12	serving	1	222	0	286	3.23	6.24	134.7	508	4.97	16	5.62	46.82	2.15	0.40	*0.26
Fruit Choice	1 cup	1	82	0	8	2.05	0.21	5.9	166	2.25	*0	0.24	20.35	0.08	0.00	*0.00
JUICE FRUIT ASSORTED	4 fl.oz.	1	64	0	5	0.28	0.24	13.1	59	24.46	13	0.47	15.62	0.17	0.02	0.00
MILK LOWFAT	8 oz	1	110	10	135	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			656	16	512	8.11	7.37	659.7	1311	37.24	*49	21.76	128.20	7.62	3.01	*0.26
% of Calories											*29.9%	13.3%	78.2%	10.5%	4.1%	*0.4%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Thu - 04/06/2017																
NORTHFIELD BREAKFAST	Total	1														
WG French Toast Sticks	serving(3)	1	160	110	280	2.00	1.40	20.0	200	0.0	*N/A*	7.0	23.0	4.0	1.00	0.00
Fruit Choice	1 cup	1	82	0	8	2.05	0.21	5.9	166	2.25	*0	0.24	20.35	0.08	0.00	*0.00
MILK LOWFAT	8 oz	1	110	10	135	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			352	120	423	4.05	1.61	325.9	866	4.65	*12	15.24	56.35	6.58	2.50	*0.00
% of Calories											*14.0%	17.3%	64.1%	16.8%	6.4%	*0.0%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

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# Northfield Public Schools

Mar 1, 2017 thru May 31, 2017

## Base Menu Spreadsheet

NORTHFIELD BREAKFAST

### Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 04/07/2017																
NORTHFIELD BREAKFAST	Total	1														
Muffin Variety 2 oz	2 oz	1	155	35	185	2.00	3.60	200.0	1000	0.6	*N/A*	3.0	25.5	5.0	1.00	*0.00
Cheese Stick	1 oz stick	1	80	15	210	0.00	0.00	200.0	*N/A*	*N/A*	*N/A*	7.0	1.0	6.0	3.50	0.00
Cold breakfast, K-12	serving	1	222	0	286	3.23	6.24	134.7	508	4.97	16	5.62	46.82	2.15	0.40	*0.26
Fruit Choice	1 cup	1	82	0	8	2.05	0.21	5.9	166	2.25	*0	0.24	20.35	0.08	0.00	*0.00
Milk	1 CUP	1	127	7	179	0.00	0.00	303.1	551	2.65	18	8.82	20.39	0.96	0.69	0.00
Weighted Daily Average			666	57	869	7.28	10.05	843.7	*2226	*10.47	*34	24.68	114.06	14.20	5.59	*0.26
% of Calories											*20.5%	14.8%	68.5%	19.2%	7.6%	*0.3%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Mon - 04/10/2017																
NORTHFIELD BREAKFAST	Total	1														
UBR Ultimate Breakfast Round 2	Bar(67g)	1	270	0	240	6.00	2.70	40.0	0	0.0	*N/A*	4.0	44.0	8.0	3.00	0.00
Cold breakfast, K-12	serving	1	222	0	286	3.23	6.24	134.7	508	4.97	16	5.62	46.82	2.15	0.40	*0.26
Fruit Choice	1 cup	1	82	0	8	2.05	0.21	5.9	166	2.25	*0	0.24	20.35	0.08	0.00	*0.00
JUICE FRUIT ASSORTED	4 fl.oz.	1	64	0	5	0.28	0.24	13.1	59	24.46	13	0.47	15.62	0.17	0.02	0.00
MILK LOWFAT	8 oz	1	110	10	135	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			748	10	675	11.56	9.39	493.7	1233	34.08	*41	18.33	139.79	12.90	4.93	*0.26
% of Calories											*22.1%	9.8%	74.7%	15.5%	5.9%	*0.3%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Tue - 04/11/2017																
NORTHFIELD BREAKFAST	Total	1														
Mini Cinnis Pillsbury	Pkg	1	240	0	300	2.00	1.44	20.0	0	0.0	*N/A*	5.0	40.0	7.0	2.00	0.00
Cold breakfast, K-12	serving	1	222	0	286	3.23	6.24	134.7	508	4.97	16	5.62	46.82	2.15	0.40	*0.26
Cheese Stick	1 oz stick	1	80	15	210	0.00	0.00	200.0	*N/A*	*N/A*	*N/A*	7.0	1.0	6.0	3.50	0.00
Fruit Choice	1 cup	1	82	0	8	2.05	0.21	5.9	166	2.25	*0	0.24	20.35	0.08	0.00	*0.00
Milk	1 CUP	1	127	7	179	0.00	0.00	303.1	551	2.65	18	8.82	20.39	0.96	0.69	0.00
Weighted Daily Average			751	22	984	7.28	7.89	663.7	*1226	*9.87	*34	26.68	128.56	16.19	6.59	*0.26
% of Calories											*18.2%	14.2%	68.5%	19.4%	7.9%	*0.3%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

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# Northfield Public Schools

Mar 1, 2017 thru May 31, 2017

## Base Menu Spreadsheet

NORTHFIELD BREAKFAST

### Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 04/12/2017																
NORTHFIELD BREAKFAST	Total	1														
smoothie, blenderless	8 oz	1	154	2	61	*13.14	1.41	128.7	516	*3.65	*N/A*	3.95	33.89	0.78	0.51	0.00
Nature Valley Thin Crisps	pkg	1	150	0	140	2.00	0.72	0.0	45	0.0	9	3.0	25.0	5.0	0.50	0.00
Cold breakfast, K-12	serving	1	222	0	286	3.23	6.24	134.7	508	4.97	16	5.62	46.82	2.15	0.40	*0.26
Fruit Choice	1/2 cup	1	41	0	4	1.02	0.11	2.9	83	1.12	*0	0.12	10.17	0.04	0.00	*0.00
Milk	1 CUP	1	127	7	179	0.00	0.00	303.1	551	2.65	18	8.82	20.39	0.96	0.69	0.00
Weighted Daily Average			694	9	671	*19.40	8.47	569.5	1704	*12.39	*43	21.50	136.28	8.93	2.10	*0.26
% of Calories											*24.8%	12.4%	78.6%	11.6%	2.7%	*0.3%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Thu - 04/13/2017																
NORTHFIELD BREAKFAST	Total	1														
Mini Pancake Wrap WG Fost Farm	.85	1	630	*N/A*	1800	*N/A*	5.40	0.0	*N/A*	*N/A*	*N/A*	33.0	*N/A*	21.0	6.00	0.00
Breakfast sandwich	sandwich	1	232	185	489	0.99	2.09	177.5	289	0.0	*N/A*	13.97	28.11	7.49	3.37	0.00
Cold breakfast, K-12	serving	1	222	0	286	3.23	6.24	134.7	508	4.97	16	5.62	46.82	2.15	0.40	*0.26
Fruit Choice	1 cup	1	82	0	8	2.05	0.21	5.9	166	2.25	*0	0.24	20.35	0.08	0.00	*0.00
Milk	1 CUP	1	127	7	179	0.00	0.00	303.1	551	2.65	18	8.82	20.39	0.96	0.69	0.00
Weighted Daily Average			1293	*192	2763	*6.28	13.94	621.2	*1515	*9.87	*34	61.65	*115.67	31.69	10.47	*0.26
% of Calories											*10.6%	19.1%	*35.8%	22.1%	7.3%	*0.2%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Fri - 04/14/2017																
NORTHFIELD BREAKFAST	Total	1														
Breakfast Bar	Servings	1	290	20	240	3.00	1.80	20.0	0	0.0	*N/A*	5.0	47.0	9.0	3.00	0.00
Cold breakfast, K-12	serving	1	222	0	286	3.23	6.24	134.7	508	4.97	16	5.62	46.82	2.15	0.40	*0.26
Fruit Choice	1 cup	1	82	0	8	2.05	0.21	5.9	166	2.25	*0	0.24	20.35	0.08	0.00	*0.00
Milk	1 CUP	1	127	7	179	0.00	0.00	303.1	551	2.65	18	8.82	20.39	0.96	0.69	0.00
Weighted Daily Average			721	27	714	8.28	8.25	463.7	1226	9.87	*34	19.68	134.56	12.19	4.09	*0.26
% of Calories											*19.0%	10.9%	74.7%	15.2%	5.1%	*0.3%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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# Northfield Public Schools

Mar 1, 2017 thru May 31, 2017

## Base Menu Spreadsheet

NORTHFIELD BREAKFAST

### Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 04/17/2017																
NORTHFIELD BREAKFAST	Total	1														
Mini pancakes, WG maple	1 serving	1	170	5	200	2.00	0.72	40.0	0	0.0	*N/A*	4.0	30.0	5.0	0.50	0.00
Cold breakfast, K-12	1 serving	1	222	0	286	3.23	6.24	134.7	508	4.97	16	5.62	46.82	2.15	0.40	*0.26
Fruit Choice	1 cup	1	82	0	8	2.05	0.21	5.9	166	2.25	*0	0.24	20.35	0.08	0.00	*0.00
MILK LOWFAT	8 oz	1	110	10	135	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			584	15	630	7.28	7.17	480.5	1175	9.62	*28	17.86	110.17	9.73	2.41	*0.26
% of Calories											*19.2%	12.2%	75.5%	15.0%	3.7%	*0.4%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Tue - 04/18/2017																
NORTHFIELD BREAKFAST	Total	100														
Pizza Brkfst Sausage 3x4 w/o E	Serving 3.2 oz	85	219	10	568	1.00	1.79	149.5	299	0.0	*N/A*	8.97	23.92	9.97	3.99	0.00
Cold breakfast, K-12	1 serving	15	222	0	286	3.23	6.24	134.7	508	4.97	16	5.62	46.82	2.15	0.40	*0.26
Fruit Choice	1 cup	100	82	0	8	2.05	0.21	5.9	166	2.25	*0	0.24	20.35	0.08	0.00	*0.00
Milk	1 CUP	100	127	7	179	0.00	0.00	303.1	551	2.65	18	8.82	20.39	0.96	0.69	0.00
Weighted Daily Average			428	15	713	3.38	2.67	456.3	1048	5.64	*21	17.53	68.10	9.84	4.14	*0.04
% of Calories											*19.5%	16.4%	63.6%	20.7%	8.7%	*0.1%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Wed - 04/19/2017																
NORTHFIELD BREAKFAST	Total	1														
Yogurt Parfait	1 serving	1	178	6	78	2.55	0.67	206.0	77	3.16	*8	7.43	32.41	2.72	1.08	*0.00
Cold breakfast, K-12	1 serving	1	222	0	286	3.23	6.24	134.7	508	4.97	16	5.62	46.82	2.15	0.40	*0.26
Fruit Choice	1 cup	1	82	0	8	2.05	0.21	5.9	166	2.25	*0	0.24	20.35	0.08	0.00	*0.00
JUICE FRUIT ASSORTED	4 fl.oz.	1	64	0	5	0.28	0.24	13.1	59	24.46	13	0.47	15.62	0.17	0.02	0.00
MILK LOWFAT	8 oz	1	110	10	135	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			656	16	512	8.11	7.37	659.7	1311	37.24	*49	21.76	128.20	7.62	3.01	*0.26
% of Calories											*29.9%	13.3%	78.2%	10.5%	4.1%	*0.4%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

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<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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# Northfield Public Schools

Mar 1, 2017 thru May 31, 2017

## Base Menu Spreadsheet

NORTHFIELD BREAKFAST

### Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 04/20/2017																
NORTHFIELD BREAKFAST	Total	1														
WG French Toast Sticks	1 serving(3)	1	160	110	280	2.00	1.40	20.0	200	0.0	*N/A*	7.0	23.0	4.0	1.00	0.00
Fruit Choice	1 cup	1	82	0	8	2.05	0.21	5.9	166	2.25	*0	0.24	20.35	0.08	0.00	*0.00
MILK LOWFAT	8 oz	1	110	10	135	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			352	120	423	4.05	1.61	325.9	866	4.65	*12	15.24	56.35	6.58	2.50	*0.00
% of Calories											*14.0%	17.3%	64.1%	16.8%	6.4%	*0.0%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Fri - 04/21/2017																
NORTHFIELD BREAKFAST	Total	1														
Muffin Variety 2 oz	2 oz	1	155	35	185	2.00	3.60	200.0	1000	0.6	*N/A*	3.0	25.5	5.0	1.00	*0.00
Cheese Stick	1 oz stick	1	80	15	210	0.00	0.00	200.0	*N/A*	*N/A*	*N/A*	7.0	1.0	6.0	3.50	0.00
Cold breakfast, K-12	serving	1	222	0	286	3.23	6.24	134.7	508	4.97	16	5.62	46.82	2.15	0.40	*0.26
Fruit Choice	1 cup	1	82	0	8	2.05	0.21	5.9	166	2.25	*0	0.24	20.35	0.08	0.00	*0.00
Milk	1 CUP	1	127	7	179	0.00	0.00	303.1	551	2.65	18	8.82	20.39	0.96	0.69	0.00
Weighted Daily Average			666	57	869	7.28	10.05	843.7	*2226	*10.47	*34	24.68	114.06	14.20	5.59	*0.26
% of Calories											*20.5%	14.8%	68.5%	19.2%	7.6%	*0.3%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Mon - 04/24/2017																
NORTHFIELD BREAKFAST	Total	1														
UBR Ultimate Breakfast Round 2	Bar(67g)	1	270	0	240	6.00	2.70	40.0	0	0.0	*N/A*	4.0	44.0	8.0	3.00	0.00
Cold breakfast, K-12	serving	1	222	0	286	3.23	6.24	134.7	508	4.97	16	5.62	46.82	2.15	0.40	*0.26
Fruit Choice	1 cup	1	82	0	8	2.05	0.21	5.9	166	2.25	*0	0.24	20.35	0.08	0.00	*0.00
JUICE FRUIT ASSORTED	4 fl.oz.	1	64	0	5	0.28	0.24	13.1	59	24.46	13	0.47	15.62	0.17	0.02	0.00
MILK LOWFAT	8 oz	1	110	10	135	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			748	10	675	11.56	9.39	493.7	1233	34.08	*41	18.33	139.79	12.90	4.93	*0.26
% of Calories											*22.1%	9.8%	74.7%	15.5%	5.9%	*0.3%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

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# Northfield Public Schools

Mar 1, 2017 thru May 31, 2017

## Base Menu Spreadsheet

NORTHFIELD BREAKFAST

### Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 04/25/2017																
NORTHFIELD BREAKFAST	Total	1														
Mini Cinnis Pillsbury	Pkg	1	240	0	300	2.00	1.44	20.0	0	0.0	*N/A*	5.0	40.0	7.0	2.00	0.00
Cold breakfast, K-12	serving	1	222	0	286	3.23	6.24	134.7	508	4.97	16	5.62	46.82	2.15	0.40	*0.26
Cheese Stick	1 oz stick	1	80	15	210	0.00	0.00	200.0	*N/A*	*N/A*	*N/A*	7.0	1.0	6.0	3.50	0.00
Fruit Choice	1 cup	1	82	0	8	2.05	0.21	5.9	166	2.25	*0	0.24	20.35	0.08	0.00	*0.00
Milk	1 CUP	1	127	7	179	0.00	0.00	303.1	551	2.65	18	8.82	20.39	0.96	0.69	0.00
Weighted Daily Average			751	22	984	7.28	7.89	663.7	*1226	*9.87	*34	26.68	128.56	16.19	6.59	*0.26
% of Calories											*18.2%	14.2%	68.5%	19.4%	7.9%	*0.3%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Wed - 04/26/2017																
NORTHFIELD BREAKFAST	Total	1														
smoothie, blenderless	8 oz	1	154	2	61	*13.14	1.41	128.7	516	*3.65	*N/A*	3.95	33.89	0.78	0.51	0.00
Nature Valley Thin Crisps	pkg	1	150	0	140	2.00	0.72	0.0	45	0.0	9	3.0	25.0	5.0	0.50	0.00
Cold breakfast, K-12	serving	1	222	0	286	3.23	6.24	134.7	508	4.97	16	5.62	46.82	2.15	0.40	*0.26
Fruit Choice	1/2 cup	1	41	0	4	1.02	0.11	2.9	83	1.12	*0	0.12	10.17	0.04	0.00	*0.00
Milk	1 CUP	1	127	7	179	0.00	0.00	303.1	551	2.65	18	8.82	20.39	0.96	0.69	0.00
Weighted Daily Average			694	9	671	*19.40	8.47	569.5	1704	*12.39	*43	21.50	136.28	8.93	2.10	*0.26
% of Calories											*24.8%	12.4%	78.6%	11.6%	2.7%	*0.3%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Thu - 04/27/2017																
NORTHFIELD BREAKFAST	Total	1														
Mini Pancake Wrap WG Fost Farm	.85	1	630	*N/A*	1800	*N/A*	5.40	0.0	*N/A*	*N/A*	*N/A*	33.0	*N/A*	21.0	6.00	0.00
Breakfast sandwich	sandwich	1	232	185	489	0.99	2.09	177.5	289	0.0	*N/A*	13.97	28.11	7.49	3.37	0.00
Cold breakfast, K-12	serving	1	222	0	286	3.23	6.24	134.7	508	4.97	16	5.62	46.82	2.15	0.40	*0.26
Fruit Choice	1 cup	1	82	0	8	2.05	0.21	5.9	166	2.25	*0	0.24	20.35	0.08	0.00	*0.00
Milk	1 CUP	1	127	7	179	0.00	0.00	303.1	551	2.65	18	8.82	20.39	0.96	0.69	0.00
Weighted Daily Average			1293	*192	2763	*6.28	13.94	621.2	*1515	*9.87	*34	61.65	*115.67	31.69	10.47	*0.26
% of Calories											*10.6%	19.1%	*35.8%	22.1%	7.3%	*0.2%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

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# Northfield Public Schools

Mar 1, 2017 thru May 31, 2017

## Base Menu Spreadsheet

NORTHFIELD BREAKFAST

### Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 04/28/2017																
NORTHFIELD BREAKFAST	Total	1														
Breakfast Bar	Servings	1	290	20	240	3.00	1.80	20.0	0	0.0	*N/A*	5.0	47.0	9.0	3.00	0.00
Cold breakfast, K-12	serving	1	222	0	286	3.23	6.24	134.7	508	4.97	16	5.62	46.82	2.15	0.40	*0.26
Fruit Choice	1 cup	1	82	0	8	2.05	0.21	5.9	166	2.25	*0	0.24	20.35	0.08	0.00	*0.00
Milk	1 CUP	1	127	7	179	0.00	0.00	303.1	551	2.65	18	8.82	20.39	0.96	0.69	0.00
Weighted Daily Average			721	27	714	8.28	8.25	463.7	1226	9.87	*34	19.68	134.56	12.19	4.09	*0.26
% of Calories											*19.0%	10.9%	74.7%	15.2%	5.1%	*0.3%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Mon - 05/01/2017																
NORTHFIELD BREAKFAST	Total	1														
Mini pancakes, WG maple	serving	1	170	5	200	2.00	0.72	40.0	0	0.0	*N/A*	4.0	30.0	5.0	0.50	0.00
Cold breakfast, K-12	serving	1	222	0	286	3.23	6.24	134.7	508	4.97	16	5.62	46.82	2.15	0.40	*0.26
Fruit Choice	1 cup	1	82	0	8	2.05	0.21	5.9	166	2.25	*0	0.24	20.35	0.08	0.00	*0.00
MILK LOWFAT	8 oz	1	110	10	135	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			584	15	630	7.28	7.17	480.5	1175	9.62	*28	17.86	110.17	9.73	2.41	*0.26
% of Calories											*19.2%	12.2%	75.5%	15.0%	3.7%	*0.4%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Tue - 05/02/2017																
NORTHFIELD BREAKFAST	Total	100														
Pizza Brkfst Sausage 3x4 w/o E	Serving 3.2 oz	85	219	10	568	1.00	1.79	149.5	299	0.0	*N/A*	8.97	23.92	9.97	3.99	0.00
Cold breakfast, K-12	serving	15	222	0	286	3.23	6.24	134.7	508	4.97	16	5.62	46.82	2.15	0.40	*0.26
Fruit Choice	1 cup	100	82	0	8	2.05	0.21	5.9	166	2.25	*0	0.24	20.35	0.08	0.00	*0.00
Milk	1 CUP	100	127	7	179	0.00	0.00	303.1	551	2.65	18	8.82	20.39	0.96	0.69	0.00
Weighted Daily Average			428	15	713	3.38	2.67	456.3	1048	5.64	*21	17.53	68.10	9.84	4.14	*0.04
% of Calories											*19.5%	16.4%	63.6%	20.7%	8.7%	*0.1%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

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# Northfield Public Schools

Mar 1, 2017 thru May 31, 2017

## Base Menu Spreadsheet

NORTHFIELD BREAKFAST

### Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 05/03/2017																
NORTHFIELD BREAKFAST	Total	1														
Yogurt Parfait	1 serving	1	178	6	78	2.55	0.67	206.0	77	3.16	*8	7.43	32.41	2.72	1.08	*0.00
Cold breakfast, K-12	1 serving	1	222	0	286	3.23	6.24	134.7	508	4.97	16	5.62	46.82	2.15	0.40	*0.26
Fruit Choice	1 cup	1	82	0	8	2.05	0.21	5.9	166	2.25	*0	0.24	20.35	0.08	0.00	*0.00
JUICE FRUIT ASSORTED	4 fl.oz.	1	64	0	5	0.28	0.24	13.1	59	24.46	13	0.47	15.62	0.17	0.02	0.00
MILK LOWFAT	8 oz	1	110	10	135	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			656	16	512	8.11	7.37	659.7	1311	37.24	*49	21.76	128.20	7.62	3.01	*0.26
% of Calories											*29.9%	13.3%	78.2%	10.5%	4.1%	*0.4%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Thu - 05/04/2017																
NORTHFIELD BREAKFAST	Total	1														
WG French Toast Sticks	1 serving(3)	1	160	110	280	2.00	1.40	20.0	200	0.0	*N/A*	7.0	23.0	4.0	1.00	0.00
Fruit Choice	1 cup	1	82	0	8	2.05	0.21	5.9	166	2.25	*0	0.24	20.35	0.08	0.00	*0.00
MILK LOWFAT	8 oz	1	110	10	135	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			352	120	423	4.05	1.61	325.9	866	4.65	*12	15.24	56.35	6.58	2.50	*0.00
% of Calories											*14.0%	17.3%	64.1%	16.8%	6.4%	*0.0%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Fri - 05/05/2017																
NORTHFIELD BREAKFAST	Total	1														
Muffin Variety 2 oz	2 oz	1	155	35	185	2.00	3.60	200.0	1000	0.6	*N/A*	3.0	25.5	5.0	1.00	*0.00
Cheese Stick	1 oz stick	1	80	15	210	0.00	0.00	200.0	*N/A*	*N/A*	*N/A*	7.0	1.0	6.0	3.50	0.00
Cold breakfast, K-12	1 serving	1	222	0	286	3.23	6.24	134.7	508	4.97	16	5.62	46.82	2.15	0.40	*0.26
Fruit Choice	1 cup	1	82	0	8	2.05	0.21	5.9	166	2.25	*0	0.24	20.35	0.08	0.00	*0.00
Milk	1 CUP	1	127	7	179	0.00	0.00	303.1	551	2.65	18	8.82	20.39	0.96	0.69	0.00
Weighted Daily Average			666	57	869	7.28	10.05	843.7	*2226	*10.47	*34	24.68	114.06	14.20	5.59	*0.26
% of Calories											*20.5%	14.8%	68.5%	19.2%	7.6%	*0.3%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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# Northfield Public Schools

Mar 1, 2017 thru May 31, 2017

## Base Menu Spreadsheet

NORTHFIELD BREAKFAST

### Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 05/08/2017																
NORTHFIELD BREAKFAST	Total	1														
UBR Ultimate Breakfast Round 2	Bar(67g)	1	270	0	240	6.00	2.70	40.0	0	0.0	*N/A*	4.0	44.0	8.0	3.00	0.00
Cold breakfast, K-12	serving	1	222	0	286	3.23	6.24	134.7	508	4.97	16	5.62	46.82	2.15	0.40	*0.26
Fruit Choice	1 cup	1	82	0	8	2.05	0.21	5.9	166	2.25	*0	0.24	20.35	0.08	0.00	*0.00
JUICE FRUIT ASSORTED	4 fl.oz.	1	64	0	5	0.28	0.24	13.1	59	24.46	13	0.47	15.62	0.17	0.02	0.00
MILK LOWFAT	8 oz	1	110	10	135	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			748	10	675	11.56	9.39	493.7	1233	34.08	*41	18.33	139.79	12.90	4.93	*0.26
% of Calories											*22.1%	9.8%	74.7%	15.5%	5.9%	*0.3%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Tue - 05/09/2017																
NORTHFIELD BREAKFAST	Total	1														
Mini Cinnis Pillsbury	Pkg	1	240	0	300	2.00	1.44	20.0	0	0.0	*N/A*	5.0	40.0	7.0	2.00	0.00
Cold breakfast, K-12	serving	1	222	0	286	3.23	6.24	134.7	508	4.97	16	5.62	46.82	2.15	0.40	*0.26
Cheese Stick	1 oz stick	1	80	15	210	0.00	0.00	200.0	*N/A*	*N/A*	*N/A*	7.0	1.0	6.0	3.50	0.00
Fruit Choice	1 cup	1	82	0	8	2.05	0.21	5.9	166	2.25	*0	0.24	20.35	0.08	0.00	*0.00
Milk	1 CUP	1	127	7	179	0.00	0.00	303.1	551	2.65	18	8.82	20.39	0.96	0.69	0.00
Weighted Daily Average			751	22	984	7.28	7.89	663.7	*1226	*9.87	*34	26.68	128.56	16.19	6.59	*0.26
% of Calories											*18.2%	14.2%	68.5%	19.4%	7.9%	*0.3%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Wed - 05/10/2017																
NORTHFIELD BREAKFAST	Total	1														
smoothie, blenderless	8 oz	1	154	2	61	*13.14	1.41	128.7	516	*3.65	*N/A*	3.95	33.89	0.78	0.51	0.00
Nature Valley Thin Crisps	pkg	1	150	0	140	2.00	0.72	0.0	45	0.0	9	3.0	25.0	5.0	0.50	0.00
Cold breakfast, K-12	serving	1	222	0	286	3.23	6.24	134.7	508	4.97	16	5.62	46.82	2.15	0.40	*0.26
Fruit Choice	1/2 cup	1	41	0	4	1.02	0.11	2.9	83	1.12	*0	0.12	10.17	0.04	0.00	*0.00
Milk	1 CUP	1	127	7	179	0.00	0.00	303.1	551	2.65	18	8.82	20.39	0.96	0.69	0.00
Weighted Daily Average			694	9	671	*19.40	8.47	569.5	1704	*12.39	*43	21.50	136.28	8.93	2.10	*0.26
% of Calories											*24.8%	12.4%	78.6%	11.6%	2.7%	*0.3%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

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# Northfield Public Schools

Mar 1, 2017 thru May 31, 2017

## Base Menu Spreadsheet

NORTHFIELD BREAKFAST

### Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 05/11/2017																
NORTHFIELD BREAKFAST																
	Total	1														
Mini Pancake Wrap WG Fost Farm	.85	1	630	*N/A*	1800	*N/A*	5.40	0.0	*N/A*	*N/A*	*N/A*	33.0	*N/A*	21.0	6.00	0.00
Breakfast sandwich	sandwich	1	232	185	489	0.99	2.09	177.5	289	0.0	*N/A*	13.97	28.11	7.49	3.37	0.00
Cold breakfast, K-12	serving	1	222	0	286	3.23	6.24	134.7	508	4.97	16	5.62	46.82	2.15	0.40	*0.26
Fruit Choice	1 cup	1	82	0	8	2.05	0.21	5.9	166	2.25	*0	0.24	20.35	0.08	0.00	*0.00
Milk	1 CUP	1	127	7	179	0.00	0.00	303.1	551	2.65	18	8.82	20.39	0.96	0.69	0.00
Weighted Daily Average			1293	*192	2763	*6.28	13.94	621.2	*1515	*9.87	*34	61.65	*115.67	31.69	10.47	*0.26
% of Calories											*10.6%	19.1%	*35.8%	22.1%	7.3%	*0.2%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Fri - 05/12/2017																
NORTHFIELD BREAKFAST																
	Total	1														
Breakfast Bar	Servings	1	290	20	240	3.00	1.80	20.0	0	0.0	*N/A*	5.0	47.0	9.0	3.00	0.00
Cold breakfast, K-12	serving	1	222	0	286	3.23	6.24	134.7	508	4.97	16	5.62	46.82	2.15	0.40	*0.26
Fruit Choice	1 cup	1	82	0	8	2.05	0.21	5.9	166	2.25	*0	0.24	20.35	0.08	0.00	*0.00
Milk	1 CUP	1	127	7	179	0.00	0.00	303.1	551	2.65	18	8.82	20.39	0.96	0.69	0.00
Weighted Daily Average			721	27	714	8.28	8.25	463.7	1226	9.87	*34	19.68	134.56	12.19	4.09	*0.26
% of Calories											*19.0%	10.9%	74.7%	15.2%	5.1%	*0.3%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Mon - 05/15/2017																
NORTHFIELD BREAKFAST																
	Total	1														
Mini pancakes, WG maple	serving	1	170	5	200	2.00	0.72	40.0	0	0.0	*N/A*	4.0	30.0	5.0	0.50	0.00
Cold breakfast, K-12	serving	1	222	0	286	3.23	6.24	134.7	508	4.97	16	5.62	46.82	2.15	0.40	*0.26
Fruit Choice	1 cup	1	82	0	8	2.05	0.21	5.9	166	2.25	*0	0.24	20.35	0.08	0.00	*0.00
MILK LOWFAT	8 oz	1	110	10	135	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			584	15	630	7.28	7.17	480.5	1175	9.62	*28	17.86	110.17	9.73	2.41	*0.26
% of Calories											*19.2%	12.2%	75.5%	15.0%	3.7%	*0.4%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

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# Northfield Public Schools

Mar 1, 2017 thru May 31, 2017

## Base Menu Spreadsheet

NORTHFIELD BREAKFAST

### Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 05/16/2017																
NORTHFIELD BREAKFAST	Total	100														
Pizza Brkfst Sausage 3x4 w/o E	Serving 3.2 oz	85	219	10	568	1.00	1.79	149.5	299	0.0	*N/A*	8.97	23.92	9.97	3.99	0.00
Cold breakfast, K-12	2 oz serving	15	222	0	286	3.23	6.24	134.7	508	4.97	16	5.62	46.82	2.15	0.40	*0.26
Fruit Choice	1 cup	100	82	0	8	2.05	0.21	5.9	166	2.25	*0	0.24	20.35	0.08	0.00	*0.00
Milk	1 CUP	100	127	7	179	0.00	0.00	303.1	551	2.65	18	8.82	20.39	0.96	0.69	0.00
Weighted Daily Average			428	15	713	3.38	2.67	456.3	1048	5.64	*21	17.53	68.10	9.84	4.14	*0.04
% of Calories											*19.5%	16.4%	63.6%	20.7%	8.7%	*0.1%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Wed - 05/17/2017																
NORTHFIELD BREAKFAST	Total	1														
Yogurt Parfait	serving	1	178	6	78	2.55	0.67	206.0	77	3.16	*8	7.43	32.41	2.72	1.08	*0.00
Cold breakfast, K-12	serving	1	222	0	286	3.23	6.24	134.7	508	4.97	16	5.62	46.82	2.15	0.40	*0.26
Fruit Choice	1 cup	1	82	0	8	2.05	0.21	5.9	166	2.25	*0	0.24	20.35	0.08	0.00	*0.00
JUICE FRUIT ASSORTED	4 fl.oz.	1	64	0	5	0.28	0.24	13.1	59	24.46	13	0.47	15.62	0.17	0.02	0.00
MILK LOWFAT	8 oz	1	110	10	135	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			656	16	512	8.11	7.37	659.7	1311	37.24	*49	21.76	128.20	7.62	3.01	*0.26
% of Calories											*29.9%	13.3%	78.2%	10.5%	4.1%	*0.4%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Thu - 05/18/2017																
NORTHFIELD BREAKFAST	Total	1														
WG French Toast Sticks	serving(3)	1	160	110	280	2.00	1.40	20.0	200	0.0	*N/A*	7.0	23.0	4.0	1.00	0.00
Fruit Choice	1 cup	1	82	0	8	2.05	0.21	5.9	166	2.25	*0	0.24	20.35	0.08	0.00	*0.00
MILK LOWFAT	8 oz	1	110	10	135	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			352	120	423	4.05	1.61	325.9	866	4.65	*12	15.24	56.35	6.58	2.50	*0.00
% of Calories											*14.0%	17.3%	64.1%	16.8%	6.4%	*0.0%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

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# Northfield Public Schools

Mar 1, 2017 thru May 31, 2017

## Base Menu Spreadsheet

NORTHFIELD BREAKFAST

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 05/19/2017																
NORTHFIELD BREAKFAST	Total	1														
Muffin Variety 2 oz	2 oz	1	155	35	185	2.00	3.60	200.0	1000	0.6	*N/A*	3.0	25.5	5.0	1.00	*0.00
Cheese Stick	1 oz stick	1	80	15	210	0.00	0.00	200.0	*N/A*	*N/A*	*N/A*	7.0	1.0	6.0	3.50	0.00
Cold breakfast, K-12	serving	1	222	0	286	3.23	6.24	134.7	508	4.97	16	5.62	46.82	2.15	0.40	*0.26
Fruit Choice	1 cup	1	82	0	8	2.05	0.21	5.9	166	2.25	*0	0.24	20.35	0.08	0.00	*0.00
Milk	1 CUP	1	127	7	179	0.00	0.00	303.1	551	2.65	18	8.82	20.39	0.96	0.69	0.00
Weighted Daily Average			666	57	869	7.28	10.05	843.7	*2226	*10.47	*34	24.68	114.06	14.20	5.59	*0.26
% of Calories											*20.5%	14.8%	68.5%	19.2%	7.6%	*0.3%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Mon - 05/22/2017																
NORTHFIELD BREAKFAST	Total	1														
UBR Ultimate Breakfast Round 2	Bar(67g)	1	270	0	240	6.00	2.70	40.0	0	0.0	*N/A*	4.0	44.0	8.0	3.00	0.00
Cold breakfast, K-12	serving	1	222	0	286	3.23	6.24	134.7	508	4.97	16	5.62	46.82	2.15	0.40	*0.26
Fruit Choice	1 cup	1	82	0	8	2.05	0.21	5.9	166	2.25	*0	0.24	20.35	0.08	0.00	*0.00
JUICE FRUIT ASSORTED	4 fl.oz.	1	64	0	5	0.28	0.24	13.1	59	24.46	13	0.47	15.62	0.17	0.02	0.00
MILK LOWFAT	8 oz	1	110	10	135	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			748	10	675	11.56	9.39	493.7	1233	34.08	*41	18.33	139.79	12.90	4.93	*0.26
% of Calories											*22.1%	9.8%	74.7%	15.5%	5.9%	*0.3%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Tue - 05/23/2017																
NORTHFIELD BREAKFAST	Total	1														
Mini Cinnis Pillsbury	Pkg	1	240	0	300	2.00	1.44	20.0	0	0.0	*N/A*	5.0	40.0	7.0	2.00	0.00
Cold breakfast, K-12	serving	1	222	0	286	3.23	6.24	134.7	508	4.97	16	5.62	46.82	2.15	0.40	*0.26
Cheese Stick	1 oz stick	1	80	15	210	0.00	0.00	200.0	*N/A*	*N/A*	*N/A*	7.0	1.0	6.0	3.50	0.00
Fruit Choice	1 cup	1	82	0	8	2.05	0.21	5.9	166	2.25	*0	0.24	20.35	0.08	0.00	*0.00
Milk	1 CUP	1	127	7	179	0.00	0.00	303.1	551	2.65	18	8.82	20.39	0.96	0.69	0.00
Weighted Daily Average			751	22	984	7.28	7.89	663.7	*1226	*9.87	*34	26.68	128.56	16.19	6.59	*0.26
% of Calories											*18.2%	14.2%	68.5%	19.4%	7.9%	*0.3%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

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# Northfield Public Schools

Mar 1, 2017 thru May 31, 2017

## Base Menu Spreadsheet

NORTHFIELD BREAKFAST

### Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 05/24/2017																
NORTHFIELD BREAKFAST	Total	1														
smoothie, blenderless	8 oz	1	154	2	61	*13.14	1.41	128.7	516	*3.65	*N/A*	3.95	33.89	0.78	0.51	0.00
Nature Valley Thin Crisps	pkg	1	150	0	140	2.00	0.72	0.0	45	0.0	9	3.0	25.0	5.0	0.50	0.00
Cold breakfast, K-12	serving	1	222	0	286	3.23	6.24	134.7	508	4.97	16	5.62	46.82	2.15	0.40	*0.26
Fruit Choice	1/2 cup	1	41	0	4	1.02	0.11	2.9	83	1.12	*0	0.12	10.17	0.04	0.00	*0.00
Milk	1 CUP	1	127	7	179	0.00	0.00	303.1	551	2.65	18	8.82	20.39	0.96	0.69	0.00
Weighted Daily Average			694	9	671	*19.40	8.47	569.5	1704	*12.39	*43	21.50	136.28	8.93	2.10	*0.26
% of Calories											*24.8%	12.4%	78.6%	11.6%	2.7%	*0.3%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Thu - 05/25/2017																
NORTHFIELD BREAKFAST	Total	1														
Mini Pancake Wrap WG Fost Farm	.85	1	630	*N/A*	1800	*N/A*	5.40	0.0	*N/A*	*N/A*	*N/A*	33.0	*N/A*	21.0	6.00	0.00
Breakfast sandwich	sandwich	1	232	185	489	0.99	2.09	177.5	289	0.0	*N/A*	13.97	28.11	7.49	3.37	0.00
Cold breakfast, K-12	serving	1	222	0	286	3.23	6.24	134.7	508	4.97	16	5.62	46.82	2.15	0.40	*0.26
Fruit Choice	1 cup	1	82	0	8	2.05	0.21	5.9	166	2.25	*0	0.24	20.35	0.08	0.00	*0.00
Milk	1 CUP	1	127	7	179	0.00	0.00	303.1	551	2.65	18	8.82	20.39	0.96	0.69	0.00
Weighted Daily Average			1293	*192	2763	*6.28	13.94	621.2	*1515	*9.87	*34	61.65	*115.67	31.69	10.47	*0.26
% of Calories											*10.6%	19.1%	*35.8%	22.1%	7.3%	*0.2%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Fri - 05/26/2017																
NORTHFIELD BREAKFAST	Total	1														
Breakfast Bar	Servings	1	290	20	240	3.00	1.80	20.0	0	0.0	*N/A*	5.0	47.0	9.0	3.00	0.00
Cold breakfast, K-12	serving	1	222	0	286	3.23	6.24	134.7	508	4.97	16	5.62	46.82	2.15	0.40	*0.26
Fruit Choice	1 cup	1	82	0	8	2.05	0.21	5.9	166	2.25	*0	0.24	20.35	0.08	0.00	*0.00
Milk	1 CUP	1	127	7	179	0.00	0.00	303.1	551	2.65	18	8.82	20.39	0.96	0.69	0.00
Weighted Daily Average			721	27	714	8.28	8.25	463.7	1226	9.87	*34	19.68	134.56	12.19	4.09	*0.26
% of Calories											*19.0%	10.9%	74.7%	15.2%	5.1%	*0.3%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

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# Northfield Public Schools

Mar 1, 2017 thru May 31, 2017

## Base Menu Spreadsheet

NORTHFIELD BREAKFAST

### Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 05/29/2017																
NORTHFIELD BREAKFAST	Total	1														
Mini pancakes, WG maple	1 serving	1	170	5	200	2.00	0.72	40.0	0	0.0	*N/A*	4.0	30.0	5.0	0.50	0.00
Cold breakfast, K-12	1 serving	1	222	0	286	3.23	6.24	134.7	508	4.97	16	5.62	46.82	2.15	0.40	*0.26
Fruit Choice	1 cup	1	82	0	8	2.05	0.21	5.9	166	2.25	*0	0.24	20.35	0.08	0.00	*0.00
MILK LOWFAT	8 oz	1	110	10	135	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			584	15	630	7.28	7.17	480.5	1175	9.62	*28	17.86	110.17	9.73	2.41	*0.26
% of Calories											*19.2%	12.2%	75.5%	15.0%	3.7%	*0.4%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Tue - 05/30/2017																
NORTHFIELD BREAKFAST	Total	100														
Pizza Brkfst Sausage 3x4 w/o E	Serving 3.2 oz	85	219	10	568	1.00	1.79	149.5	299	0.0	*N/A*	8.97	23.92	9.97	3.99	0.00
Cold breakfast, K-12	1 serving	15	222	0	286	3.23	6.24	134.7	508	4.97	16	5.62	46.82	2.15	0.40	*0.26
Fruit Choice	1 cup	100	82	0	8	2.05	0.21	5.9	166	2.25	*0	0.24	20.35	0.08	0.00	*0.00
Milk	1 CUP	100	127	7	179	0.00	0.00	303.1	551	2.65	18	8.82	20.39	0.96	0.69	0.00
Weighted Daily Average			428	15	713	3.38	2.67	456.3	1048	5.64	*21	17.53	68.10	9.84	4.14	*0.04
% of Calories											*19.5%	16.4%	63.6%	20.7%	8.7%	*0.1%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Wed - 05/31/2017																
NORTHFIELD BREAKFAST	Total	1														
Yogurt Parfait	1 serving	1	178	6	78	2.55	0.67	206.0	77	3.16	*8	7.43	32.41	2.72	1.08	*0.00
Cold breakfast, K-12	1 serving	1	222	0	286	3.23	6.24	134.7	508	4.97	16	5.62	46.82	2.15	0.40	*0.26
Fruit Choice	1 cup	1	82	0	8	2.05	0.21	5.9	166	2.25	*0	0.24	20.35	0.08	0.00	*0.00
JUICE FRUIT ASSORTED	4 fl.oz.	1	64	0	5	0.28	0.24	13.1	59	24.46	13	0.47	15.62	0.17	0.02	0.00
MILK LOWFAT	8 oz	1	110	10	135	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			656	16	512	8.11	7.37	659.7	1311	37.24	*49	21.76	128.20	7.62	3.01	*0.26
% of Calories											*29.9%	13.3%	78.2%	10.5%	4.1%	*0.4%
Nutrient Guideline			400-500		540									<=30.0	<10.00	

Weighted Average			693	*48	905	*8.34	7.71	556.3	*1351	*14.34	*33	24.69	*113.39	13.02	4.56	*0.21
											*43.2%	14.3%	*65.5%	16.9%	5.9%	*0.3%

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# Northfield Public Schools

Mar 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

NORTHFIELD BREAKFAST

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	
<b>Nutrient</b>	<b>Menu AVG</b>	<b>% of Cals</b>	<b>Weekly Target</b>	<b>% of Target</b>	<b>Miss Data</b>	<b>Shortfall</b>	<b>Overage</b>	<b>Error Messages (if any)</b>									
Calories	693		400 - 500	139%				193	Correction Required - Calories too High								
Cholesterol (mg)	48				Missing												
Sodium (mg)	905		540					365	Correction Required - Sodium too High								
Fiber (g)	8.34				Missing												
Iron (mg)	7.71																
Calcium (mg)	556.3																
Vitamin A (IU)	1351				Missing												
Sugars (g)	33	19.22%			Missing												
Vitamin C (mg)	14.34				Missing												
Protein (g)	24.69	14.25%															
Carbohydrate (g)	113.39	65.47%			Missing												
Total Fat (g)	13.02	16.91%	<=30.00%														
Saturated Fat (g)	4.56	5.93%	<10.00%														
Trans Fat <sup>1</sup> (g)	0.21	0.27%			Missing												

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