

Northfield Public Schools

Base Menu Spreadsheet

Portion Values - Detailed

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Apr 3, 2017 thru Apr 28, 2017

NORTHFIELD ELEMENTARY LUNCH

Generated on: 3/16/2017 2:39:59 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 04/03/2017																
NORTHFIELD ELEMENTAR	Total	1														
Burrito Bowl, chicken MS/E	1 serving	1	531	*58	1103	*10.00	2.68	*247.0	440	*0.0	*1	*29.69	76.78	*10.84	*4.25	*0.20
PB & J Jamwich Wheat	2.8 OZ S ANDWICH	1	308	*N/A*	*155	*1.50	*0.18	*79.1	*7	*0.01	*N/A*	*6.0	34.65	16.5	*1.35	*0.00
SANDWICH, TURKEY & CHEESE	SANDWIC	1	258	33	753	3.84	1.94	251.2	162	0.45	3	19.55	28.01	7.34	3.02	0.17
Assorted Taco Toppings	1/2 cup	1	138	*20	355	*1.12	*0.82	*153.4	*709	*6.02	*2	*6.47	7.21	9.54	*4.52	*0.00
Brown Rice	1/2 cup	1	109	0	1	1.76	0.52	9.8	0	0.0	*N/A*	2.26	22.92	0.81	0.16	*N/A*
Fruit Choice	1/2 cup	1	41	0	4	1.02	0.11	2.9	83	1.12	*0	0.12	10.17	0.04	0.00	*0.00
Fruit Fresh Choice	Serving 1/2cup	1	65	*0	4	2.45	0.42	16.5	967	24.09	*8	0.87	16.6	*0.2	*0.03	*0.00
MILK LOWFAT	8 oz	1	110	10	135	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			1560	*121	*2511	*21.69	*6.66	*1059.9	*2868	*34.10	*26	*72.97	209.35	*47.77	*14.84	*0.38
											*6.6%	*18.7%	53.7%	*27.6%	*8.6%	*0.2%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 04/04/2017																
NORTHFIELD ELEMENTAR	Total	1														
Sandwich, meatball sub	1 serving	1	397	36	790	4.15	2.81	190.0	315	5.01	*1	21.35	42.4	16.27	6.80	0.00
PB & J Jamwich Wheat	2.8 OZ S ANDWICH	1	308	*N/A*	*155	*1.50	*0.18	*79.1	*7	*0.01	*N/A*	*6.0	34.65	16.5	*1.35	*0.00
SANDWICH, TURKEY & CHEESE	SANDWIC	1	258	33	753	3.84	1.94	251.2	162	0.45	3	19.55	28.01	7.34	3.02	0.17
Assorted Veggie Toppings	1/2 cup	1	11	0	3	0.89	0.30	11.8	2214	4.35	1	0.56	2.39	0.12	0.02	0.00
Corn	1/2 cup	1	67	0	1	1.98	0.39	2.5	164	2.89	3	2.1	15.92	0.55	0.08	0.00
Fruit Choice	1/2 cup	1	41	0	4	1.02	0.11	2.9	83	1.12	*0	0.12	10.17	0.04	0.00	*0.00
Fruit Fresh Choice	Serving 1/2cup	1	65	*0	4	2.45	0.42	16.5	967	24.09	*8	0.87	16.6	*0.2	*0.03	*0.00
MILK LOWFAT	8 oz	1	110	10	135	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			1256	*78	*1846	*15.83	*6.14	*854.1	*4411	*40.32	*28	*58.56	163.16	*43.53	*12.81	*0.17
											*8.9%	*18.6%	52.0%	*31.2%	*9.2%	*0.1%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

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Northfield Public Schools

Apr 3, 2017 thru Apr 28, 2017

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NORTHFIELD ELEMENTARY LUNCH

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 04/05/2017																
NORTHFIELD ELEMENTAR	Total	1														
Loaded Oven Fries	1 each	1	371	*38	1199	*3.58	2.71	*124.7	*230	*8.0	*N/A*	*17.52	31.08	*19.65	*5.65	*0.24
Assorted Veggie Toppings	1/2 cup	1	11	0	3	0.89	0.30	11.8	2214	4.35	1	0.56	2.39	0.12	0.02	0.00
PBJ, meal elem	entree	1	320	0	320	3.00	1.08	20.0	65	0.0	13	10.0	32.0	17.0	3.50	0.00
SANDWICH,TURKEY & CHEESE	SANDWIC	1	258	33	753	3.84	1.94	251.2	162	0.45	3	19.55	28.01	7.34	3.02	0.17
Rice,brown	Servings	1	128	0	1	1.50	0.54	0.6	0	0.0	*N/A*	3.0	26.25	1.12	0.00	*0.00
Fruit Choice	1/2 cup	1	41	0	4	1.02	0.11	2.9	83	1.12	*0	0.12	10.17	0.04	0.00	*0.00
Fruit Fresh Choice	Serving 1/2cup	1	65	*0	4	2.45	0.42	16.5	967	24.09	*8	0.87	16.6	*0.2	*0.03	*0.00
MILK LOWFAT	8 oz	1	110	10	135	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			1304	*81	2420	*16.28	7.10	*727.7	*4221	*40.42	*38	*59.63	159.51	*47.98	*13.73	*0.41
% of Calories											*11.6%	*18.3%	48.9%	*33.1%	*9.5%	*0.3%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 04/06/2017																
NORTHFIELD ELEMENTAR	Total	450														
Sandwich, Chicken crispy filet	Sandwich	400	360	50	620	4.00	2.88	100.0	0	0.0	*N/A*	26.0	42.0	11.5	2.50	0.00
Assorted Veggie Toppings	Serving	300	22	0	6	1.77	0.60	23.7	4427	8.69	2	1.13	4.78	0.24	0.04	0.00
PBJ, meal elem	entree	1	320	0	320	3.00	1.08	20.0	65	0.0	13	10.0	32.0	17.0	3.50	0.00
SANDWICH,TURKEY & CHEESE	SANDWIC	1	258	33	753	3.84	1.94	251.2	162	0.45	3	19.55	28.01	7.34	3.02	0.17
Veg Green Beans	1/2 cup	300	19	0	1	2.03	0.45	28.4	283	2.77	1	1.01	4.35	0.11	0.03	0.00
Fruit Choice	1/2 cup	200	41	0	4	1.02	0.11	2.9	83	1.12	*0	0.12	10.17	0.04	0.00	*0.00
Fruit Fresh Choice	Serving 1/2cup	360	65	*0	4	2.45	0.42	16.5	967	24.09	*8	0.87	16.6	*0.2	*0.03	*0.00
MILK LOWFAT	8 oz	425	110	10	135	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			523	*54	691	8.52	3.64	422.0	4423	29.68	*21	32.90	73.64	*13.05	*3.73	*0.00
% of Calories											*15.7%	25.2%	56.4%	*22.5%	*6.4%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 04/07/2017																
NORTHFIELD ELEMENTAR	Total	1														
Macaroni & Cheese, WG LOL	.66 cup	1	290	30	981	2.00	1.08	420.2	800	0.0	6	17.01	31.02	16.01	9.00	0.50
Shrimp Poppers, WG Rich's	1 cup	1	230	60	490	3.00	2.30	31.0	110	1.0	1	12.0	22.0	11.0	2.00	0.00
PBJ, meal elem	entree	1	320	0	320	3.00	1.08	20.0	65	0.0	13	10.0	32.0	17.0	3.50	0.00
SANDWICH, TURKEY & CHEESE	SANDWIC	1	258	33	753	3.84	1.94	251.2	162	0.45	3	19.55	28.01	7.34	3.02	0.17
Tomatoes, cherry	serving(4)	1	31	0	8	0.00	0.00	0.0	1151	18.41	*N/A*	0.0	7.67	0.0	0.00	0.00
Veg Medley	1/2 cup	1	59	0	32	4.00	0.75	22.8	3892	2.91	3	2.6	11.91	0.14	0.03	0.00
Fruit Choice	1/2 cup	1	41	0	4	1.02	0.11	2.9	83	1.12	*0	0.12	10.17	0.04	0.00	*0.00
Fruit Fresh Choice	Serving 1/2cup	1	65	*0	4	2.45	0.42	16.5	967	24.09	*8	0.87	16.6	*0.2	*0.03	*0.00
MILK LOWFAT	8 oz	1	110	10	135	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			1404	*133	2727	19.32	7.67	1064.6	7730	50.39	*46	70.15	172.39	*54.23	*19.09	*0.68
% of Calories											*13.2%	20.0%	49.1%	*34.8%	*12.2%	*0.4%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Mon - 04/10/2017																
NORTHFIELD ELEMENTAR	Total	450														
Pizza WG MaxStix 12685 ConAgra	2 sticks	400	320	10	820	4.00	2.16	300.0	200	0.0	*N/A*	16.0	32.0	14.0	5.00	0.00
Marinara sauce, RG, NE	2 oz	400	42	0	63	1.54	0.55	15.4	2308	27.69	5	1.54	6.15	1.54	0.00	0.00
PBJ, meal elem	entree	50	320	0	320	3.00	1.08	20.0	65	0.0	13	10.0	32.0	17.0	3.50	0.00
SANDWICH, TURKEY & CHEESE	SANDWIC	1	258	33	753	3.84	1.94	251.2	162	0.45	3	19.55	28.01	7.34	3.02	0.17
Broccoli	1/2 cup	1	26	0	10	2.76	0.56	30.4	930	36.89	1	2.85	4.92	0.11	0.02	0.00
Fruit Choice	1/2 cup	350	41	0	4	1.02	0.11	2.9	83	1.12	*0	0.12	10.17	0.04	0.00	*0.00
Fruit Fresh Choice	Serving 1/2cup	400	65	*0	4	2.45	0.42	16.5	967	24.09	*8	0.87	16.6	*0.2	*0.03	*0.00
MILK LOWFAT	8 oz	425	110	10	135	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			551	*18	957	8.24	2.99	583.5	3635	49.25	*24	25.17	72.49	*18.29	*6.29	*0.00
% of Calories											*17.7%	18.3%	52.7%	*29.9%	*10.3%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 04/11/2017																
NORTHFIELD ELEMENTAR	Total	450														
Teriyaki Chicken,Flame Broiled	SERVING	400	32	9	140	0.00	0.36	10.0	25	0.0	*N/A*	3.75	2.25	0.88	0.25	0.00
RICE,Cooked Brown	servings	400	95	0	95	1.53	0.46	9.5	0	0.0	*0	1.97	19.94	0.7	0.14	*0.00
PBJ, meal elem	entree	50	320	0	320	3.00	1.08	20.0	65	0.0	13	10.0	32.0	17.0	3.50	0.00
SANDWICH,TURKEY & CHEESE	SANDWIC	1	258	33	753	3.84	1.94	251.2	162	0.45	3	19.55	28.01	7.34	3.02	0.17
Fresh Vegetables	1/2 cup	1	26	0	34	2.41	0.40	20.5	2488	24.74	*1	0.93	5.85	0.09	0.02	0.00
Veg Medley	1/2 cup	380	59	0	32	4.00	0.75	22.8	3892	2.91	3	2.6	11.91	0.14	0.03	0.00
Fruit Choice	1/2 cup	380	41	0	4	1.02	0.11	2.9	83	1.12	*0	0.12	10.17	0.04	0.00	*0.00
Fruit Fresh Choice	Serving 1/2cup	320	65	*0	4	2.45	0.42	16.5	967	24.09	*8	0.87	16.6	*0.2	*0.03	*0.00
MILK LOWFAT	8 oz	425	110	10	135	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			384	*17	408	7.69	1.87	337.0	4552	22.86	*21	16.71	66.10	*5.96	*2.21	*0.00
% of Calories											*22.1%	17.4%	68.9%	*14.0%	*5.2%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Wed - 04/12/2017																
NORTHFIELD ELEMENTAR	Total	1														
Sandwich Turkey Sub	sandwich	1	260	26	800	2.00	1.40	130.5	325	0.45	*0	18.51	35.0	5.5	2.00	0.00
PB & J Jamwich Wheat	2.8 OZ S ANDWICH	1	308	*N/A*	*155	*1.50	*0.18	*79.1	*7	*0.01	*N/A*	*6.0	34.65	16.5	*1.35	*0.00
Assorted Veggie Toppings	1/2 cup	1	11	0	3	0.89	0.30	11.8	2214	4.35	1	0.56	2.39	0.12	0.02	0.00
Carrot Coins	1/2 cup	1	27	0	43	2.41	0.39	25.6	12357	1.68	3	0.42	5.64	0.5	0.09	0.00
Fruit Choice	1/2 cup	1	41	0	4	1.02	0.11	2.9	83	1.12	*0	0.12	10.17	0.04	0.00	*0.00
Fruit Fresh Choice	Serving 1/2cup	1	65	*0	4	2.45	0.42	16.5	967	24.09	*8	0.87	16.6	*0.2	*0.03	*0.00
MILK LOWFAT	8 oz	1	110	10	135	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			822	*36	*1145	*10.27	*2.79	*566.5	*16453	*34.10	*25	*34.49	117.46	*25.36	*4.99	*0.00
% of Calories											*12.0%	*16.8%	57.2%	*27.8%	*5.5%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

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Thu - 04/13/2017																
NORTHFIELD ELEMENTAR	Total	450														
Beef Nachos w/Tostitos	Serving	400	357	*56	1079	*3.22	2.75	*309.8	502	*0.0	*N/A*	*25.15	24.8	*16.8	*7.03	*0.32
Assorted Nacho Toppings	Serving	300	46	*0	234	*1.12	*0.80	*12.2	*434	*5.77	*2	*0.94	4.72	2.5	*0.02	*0.00
PBJ, meal elem	entree	1	320	0	320	3.00	1.08	20.0	65	0.0	13	10.0	32.0	17.0	3.50	0.00
SANDWICH, TURKEY & CHEESE	SANDWIC	1	258	33	753	3.84	1.94	251.2	162	0.45	3	19.55	28.01	7.34	3.02	0.17
Beans Refried	1/2 CUP	350	140	*N/A*	490	6.00	1.80	40.0	0	2.4	*N/A*	8.0	25.0	1.5	*N/A*	*N/A*
	39GRAMS															
Brown Rice	1/2 cup	1	109	0	1	1.76	0.52	9.8	0	0.0	*N/A*	2.26	22.92	0.81	0.16	*N/A*
Fruit Choice	1/2 cup	400	41	0	4	1.02	0.11	2.9	83	1.12	*0	0.12	10.17	0.04	0.00	*0.00
Fruit Fresh Choice	Serving 1/2cup	400	65	*0	4	2.45	0.42	16.5	967	24.09	*8	0.87	16.6	*0.2	*0.03	*0.00
MILK LOWFAT	8 oz	425	110	10	135	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			656	*59	1634	*11.38	*4.85	*615.9	*2141	*30.39	*20	*37.71	80.90	*20.40	*7.73	*0.28
% of Calories											*12.1%	*23.0%	49.3%	*28.0%	*10.6%	*0.4%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

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Fri - 04/14/2017																
NORTHFIELD ELEMENTAR	Total	450														
Pizza, WG Primo Cheese, 10 ct	1 each	400	290	35	480	3.00	2.70	450.0	400	0.0	9	17.0	27.0	13.0	6.00	0.00
Assorted Veggie Toppings	1/2 cup	300	11	0	3	0.89	0.30	11.8	2214	4.35	1	0.56	2.39	0.12	0.02	0.00
PBJ, meal elem	entree	1	320	0	320	3.00	1.08	20.0	65	0.0	13	10.0	32.0	17.0	3.50	0.00
SANDWICH, TURKEY & CHEESE	SANDWIC	1	258	33	753	3.84	1.94	251.2	162	0.45	3	19.55	28.01	7.34	3.02	0.17
Salad, Small Caesar	Serving	350	121	5	370	1.14	0.58	110.9	4153	1.96	1	3.49	3.29	10.6	2.58	*0.00
Peas	1/2 Cup	400	62	0	58	3.60	1.22	19.2	1680	7.92	4	4.12	11.41	0.22	0.04	0.00
Fruit Choice	1/2 cup	350	41	0	4	1.02	0.11	2.9	83	1.12	*0	0.12	10.17	0.04	0.00	*0.00
Fruit Fresh Choice	Serving 1/2cup	1	65	*0	4	2.45	0.42	16.5	967	24.09	*8	0.87	16.6	*0.2	*0.03	*0.00
MILK LOWFAT	8 oz	425	110	10	135	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			552	*45	901	8.16	4.22	797.5	7094	14.65	*24	29.58	58.65	*22.52	*8.82	*0.00
% of Calories											*17.3%	21.4%	42.5%	*36.7%	*14.4%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

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Northfield Public Schools

Apr 3, 2017 thru Apr 28, 2017

Base Menu Spreadsheet

NORTHFIELD ELEMENTARY LUNCH

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 04/17/2017																
NORTHFIELD ELEMENTAR	Total	1														
Corn Dogs, Mini WG	4 each	1	200	25	450	3.00	1.08	80.0	0	0.0	*N/A*	7.0	22.0	9.0	2.50	0.00
PBJ, meal elem	entree	1	320	0	320	3.00	1.08	20.0	65	0.0	13	10.0	32.0	17.0	3.50	0.00
SANDWICH, TURKEY & CHEESE	SANDWIC	1	258	33	753	3.84	1.94	251.2	162	0.45	3	19.55	28.01	7.34	3.02	0.17
Fresh Vegetables	1/2 cup	1	26	0	34	2.41	0.40	20.5	2488	24.74	*1	0.93	5.85	0.09	0.02	0.00
Potato Crinkle Sweet Potato	4 oz	1	200	0	227	4.00	2.64	0.0	133	21.61	*N/A*	1.33	29.35	8.0	1.33	0.00
Fruit Choice	1/2 cup	1	41	0	4	1.02	0.11	2.9	83	1.12	*0	0.12	10.17	0.04	0.00	*0.00
Fruit Fresh Choice	Serving 1/2cup	1	65	*0	4	2.45	0.42	16.5	967	24.09	*8	0.87	16.6	*0.2	*0.03	*0.00
MILK LOWFAT	8 oz	1	110	10	135	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			1220	*68	1928	19.72	7.67	691.2	4398	74.42	*37	47.80	156.99	*44.18	*11.91	*0.17
% of Calories											*12.3%	15.7%	51.5%	*32.6%	*8.8%	*0.1%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 04/18/2017																
NORTHFIELD ELEMENTAR	Total	450														
Quesadilla, WG Cheese	400 serving	400	360	15	810	5.00	2.70	350.0	300	0.0	*N/A*	18.0	42.0	14.0	4.00	0.00
PBJ, meal elem	entree	50	320	0	320	3.00	1.08	20.0	65	0.0	13	10.0	32.0	17.0	3.50	0.00
SANDWICH, TURKEY & CHEESE	SANDWIC	1	258	33	753	3.84	1.94	251.2	162	0.45	3	19.55	28.01	7.34	3.02	0.17
Assorted Veggie Toppings	1/2 cup	320	11	0	3	0.89	0.30	11.8	2214	4.35	1	0.56	2.39	0.12	0.02	0.00
Corn	1/2 cup	1	67	0	1	1.98	0.39	2.5	164	2.89	3	2.1	15.92	0.55	0.08	0.00
Fruit Choice	1/2 cup	1	41	0	4	1.02	0.11	2.9	83	1.12	*0	0.12	10.17	0.04	0.00	*0.00
Fruit Fresh Choice	Serving 1/2cup	1	65	*0	4	2.45	0.42	16.5	967	24.09	*8	0.87	16.6	*0.2	*0.03	*0.00
MILK LOWFAT	8 oz	425	110	10	135	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			468	*23	887	5.43	2.74	605.7	2323	5.42	*14	25.12	55.02	*16.80	*5.38	*0.00
% of Calories											*11.7%	21.5%	47.0%	*32.3%	*10.3%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

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Northfield Public Schools

Apr 3, 2017 thru Apr 28, 2017

Base Menu Spreadsheet

NORTHFIELD ELEMENTARY LUNCH

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 04/19/2017																
NORTHFIELD ELEMENTAR	Total	1														
Hamburger/Cheeseburger/Veggie sandwich	1	1	308	58	606	3.15	3.45	130.2	162	0.0	*0	22.32	30.1	12.38	4.66	*0.00
Assorted Veggie Toppings	1/2 cup	1	11	0	3	0.89	0.30	11.8	2214	4.35	1	0.56	2.39	0.12	0.02	0.00
PBJ, meal elem	entree	1	320	0	320	3.00	1.08	20.0	65	0.0	13	10.0	32.0	17.0	3.50	0.00
SANDWICH,TURKEY & CHEESE	SANDWIC	1	258	33	753	3.84	1.94	251.2	162	0.45	3	19.55	28.01	7.34	3.02	0.17
Beans, baked vegetarian,Bushs	1/2 cup	1	130	0	550	5.00	1.80	40.0	60	0.0	12	7.0	29.0	0.0	0.00	0.00
Fruit Choice	1/2 cup	1	41	0	4	1.02	0.11	2.9	83	1.12	*0	0.12	10.17	0.04	0.00	*0.00
Fruit Fresh Choice	Serving 1/2cup	1	65	*0	4	2.45	0.42	16.5	967	24.09	*8	0.87	16.6	*0.2	*0.03	*0.00
MILK LOWFAT	8 oz	1	110	10	135	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			1243	*100	2376	19.35	9.10	772.7	4213	32.41	*50	68.42	161.28	*39.59	*12.73	*0.17
% of Calories											*16.0%	22.0%	51.9%	*28.7%	*9.2%	*0.1%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 04/20/2017																
NORTHFIELD ELEMENTAR	Total	450														
Chicken tenders, WG crispy	serving(3)	400	240	52	375	1.50	1.62	0.0	7	0.0	2	22.5	13.5	10.5	2.25	0.00
Sauces Assorted	2 oz	400	46	0	672	0.28	0.57	23.8	500	0.0	*3	1.33	8.48	1.25	0.06	0.00
PBJ, meal elem	entree	50	320	0	320	3.00	1.08	20.0	65	0.0	13	10.0	32.0	17.0	3.50	0.00
SANDWICH,TURKEY & CHEESE	SANDWIC	1	258	33	753	3.84	1.94	251.2	162	0.45	3	19.55	28.01	7.34	3.02	0.17
Pasta Salad,Vegetarian	serving(1/2c)	1	152	*0	406	*1.44	*1.01	*16.0	*376	*23.51	*2	*4.44	24.13	4.01	*0.14	*0.00
Carrot Coins	1/2 cup	1	27	0	43	2.41	0.39	25.6	12357	1.68	3	0.42	5.64	0.5	0.09	0.00
Fruit Choice	1/2 cup	400	41	0	4	1.02	0.11	2.9	83	1.12	*0	0.12	10.17	0.04	0.00	*0.00
Fruit Fresh Choice	Serving 1/2cup	1	65	*0	4	2.45	0.42	16.5	967	24.09	*8	0.87	16.6	*0.2	*0.03	*0.00
MILK LOWFAT	8 oz	425	110	10	135	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			431	*56	1100	*2.85	*2.17	*310.0	*1036	*3.38	*17	*30.01	44.58	*14.75	*3.86	*0.00
% of Calories											*16.0%	*27.8%	41.3%	*30.8%	*8.1%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

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Northfield Public Schools

Apr 3, 2017 thru Apr 28, 2017

Base Menu Spreadsheet

NORTHFIELD ELEMENTARY LUNCH

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 04/21/2017																
NORTHFIELD ELEMENTAR	Total	450														
Pasta w/Meatsauce Elem	400 serving	400	385	45	616	9.99	5.08	89.9	4545	*54.0	*7	22.34	48.49	11.45	4.50	0.36
Pasta w/Sauce Elem	1 serving	1	130	*0	369	*0.50	1.28	12.5	210	2.45	*N/A*	4.25	25.44	1.06	0.10	*0.00
PBJ, meal elem	50 entree	50	320	0	320	3.00	1.08	20.0	65	0.0	13	10.0	32.0	17.0	3.50	0.00
SANDWICH,TURKEY & CHEESE	1 SANDWIC	1	258	33	753	3.84	1.94	251.2	162	0.45	3	19.55	28.01	7.34	3.02	0.17
Broccoli	1/2 cup	300	26	0	10	2.76	0.56	30.4	930	36.89	1	2.85	4.92	0.11	0.02	0.00
Garlic Breadstick 6"	1 stick	1	115	0	170	0.50	0.00	0.0	0	0.0	*N/A*	3.0	16.0	4.5	0.75	0.00
Fruit Choice	1/2 cup	400	41	0	4	1.02	0.11	2.9	83	1.12	*0	0.12	10.17	0.04	0.00	*0.00
Fruit Fresh Choice	Serving 1/2cup	380	65	*0	4	2.45	0.42	16.5	967	24.09	*8	0.87	16.6	*0.2	*0.03	*0.00
MILK LOWFAT	8 oz	425	110	10	135	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			591	*50	728	*14.04	5.46	402.9	6031	*96.21	*27	31.33	85.44	*14.74	*5.85	*0.32
Nutrient Guideline			550-650		1230						*18.1%	21.2%	57.9%	<=30.0	<10.00	*0.5%

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 04/24/2017																
NORTHFIELD ELEMENTAR	Total	450														
Pizza Fiestada Beef Pizza 5.3o	1 Each	400	340	30	780	3.00	2.70	250.0	500	0.0	*N/A*	9.0	42.0	12.0	5.00	0.00
PBJ, meal elem	50 entree	50	320	0	320	3.00	1.08	20.0	65	0.0	13	10.0	32.0	17.0	3.50	0.00
SANDWICH,TURKEY & CHEESE	1 SANDWIC	1	258	33	753	3.84	1.94	251.2	162	0.45	3	19.55	28.01	7.34	3.02	0.17
SALAD SIDE	300 serving	300	99	5	288	5.62	1.92	109.4	20041	45.02	*7	3.68	17.61	2.35	0.58	*0.00
Peas	1/2 Cup	350	62	0	58	3.60	1.22	19.2	1680	7.92	4	4.12	11.41	0.22	0.04	0.00
Fruit Choice	1/2 cup	400	41	0	4	1.02	0.11	2.9	83	1.12	*0	0.12	10.17	0.04	0.00	*0.00
Fruit Fresh Choice	Serving 1/2cup	250	65	*0	4	2.45	0.42	16.5	967	24.09	*8	0.87	16.6	*0.2	*0.03	*0.00
Milk	1 CUP	425	127	7	179	0.00	0.00	303.1	551	2.65	18	8.82	20.39	0.96	0.69	0.00
Weighted Daily Average % of Calories			645	*36	1143	11.82	5.07	611.0	16251	53.06	*31	23.73	99.09	*15.36	*5.93	*0.00
Nutrient Guideline			550-650		1230						*19.0%	14.7%	61.5%	<=30.0	<10.00	*0.0%

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Northfield Public Schools

Apr 3, 2017 thru Apr 28, 2017

Base Menu Spreadsheet

NORTHFIELD ELEMENTARY LUNCH

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 04/25/2017																
NORTHFIELD ELEMENTAR	Total	450														
Hot Dog on a Bun	sandwich	400	270	35	700	2.00	1.26	60.0	0	0.0	*N/A*	9.0	21.0	17.0	6.00	0.00
PBJ, meal elem	entree	50	320	0	320	3.00	1.08	20.0	65	0.0	13	10.0	32.0	17.0	3.50	0.00
SANDWICH, TURKEY & CHEESE	SANDWIC	1	258	33	753	3.84	1.94	251.2	162	0.45	3	19.55	28.01	7.34	3.02	0.17
Fresh Vegetables	1/2 cup	320	26	0	34	2.41	0.40	20.5	2488	24.74	*1	0.93	5.85	0.09	0.02	0.00
Beans, baked vegetarian, Bushs	1/2 cup	1	130	0	550	5.00	1.80	40.0	60	0.0	12	7.0	29.0	0.0	0.00	0.00
Fruit Choice	1/2 cup	1	41	0	4	1.02	0.11	2.9	83	1.12	*0	0.12	10.17	0.04	0.00	*0.00
Fruit Fresh Choice	Serving 1/2cup	1	65	*0	4	2.45	0.42	16.5	967	24.09	*8	0.87	16.6	*0.2	*0.03	*0.00
MILK LOWFAT	8 oz	425	110	10	135	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			399	*41	812	3.85	1.54	354.2	2251	19.92	*14	17.39	38.85	*19.44	*7.16	*0.00
% of Calories											*13.5%	17.4%	39.0%	*43.9%	*16.1%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Wed - 04/26/2017																
NORTHFIELD ELEMENTAR	Total	1														
Sandwich Grilled Cheese, K-8	Sandwich	1	273	23	760	3.57	1.29	375.2	496	0.0	*2	14.2	28.04	13.97	5.80	0.00
Tomato Soup, Crackers Elem	1/2 Cup	1	103	0	562	1.08	0.53	4.1	500	6.0	*0	2.28	22.23	0.26	0.05	0.01
PBJ, meal elem	entree	1	320	0	320	3.00	1.08	20.0	65	0.0	13	10.0	32.0	17.0	3.50	0.00
SANDWICH, TURKEY & CHEESE	SANDWIC	1	258	33	753	3.84	1.94	251.2	162	0.45	3	19.55	28.01	7.34	3.02	0.17
Goldfish Snack Crackers Chedda	.75 oz	1	100	5	180	1.00	0.36	20.0	0	0.0	*N/A*	2.0	14.0	3.5	1.00	0.00
Veg Green Beans	1/2 cup	1	19	0	1	2.03	0.45	28.4	283	2.77	1	1.01	4.35	0.11	0.03	0.00
Fruit Choice	1/2 cup	1	41	0	4	1.02	0.11	2.9	83	1.12	*0	0.12	10.17	0.04	0.00	*0.00
Fruit Fresh Choice	Serving 1/2cup	1	65	*0	4	2.45	0.42	16.5	967	24.09	*8	0.87	16.6	*0.2	*0.03	*0.00
MILK LOWFAT	8 oz	1	110	10	135	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			1289	*71	2720	17.99	6.16	1018.3	3055	36.83	*39	58.03	168.41	*44.93	*14.93	*0.18
% of Calories											*12.2%	18.0%	52.3%	*31.4%	*10.4%	*0.1%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

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Northfield Public Schools

Base Menu Spreadsheet

Portion Values - Detailed

Apr 3, 2017 thru Apr 28, 2017

NORTHFIELD ELEMENTARY LUNCH

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 04/27/2017																
NORTHFIELD ELEMENTAR	Total	1														
Pasta w/Alfredo & Chicken Elem	1 serving	1	412	71	985	10.28	*2.13	*25.6	*36	*0.4	*N/A*	16.13	42.38	19.2	9.08	0.00
CARROTS,RAW,BABY	1 serving 1/2cup	1	30	0	66	2.47	0.76	27.2	11722	2.21	4	0.54	7.0	0.11	0.02	0.00
Celery, fresh sticks	1 serving(1/2c)	1	15	0	88	2.00	0.18	40.0	500	3.6	*N/A*	1.0	3.0	0.0	0.00	0.00
PBJ, meal elem	1 entree	1	320	0	320	3.00	1.08	20.0	65	0.0	13	10.0	32.0	17.0	3.50	0.00
SANDWICH,TURKEY & CHEESE	1 SANDWIC	1	258	33	753	3.84	1.94	251.2	162	0.45	3	19.55	28.01	7.34	3.02	0.17
Broccoli	1/2 cup	1	26	0	10	2.76	0.56	30.4	930	36.89	1	2.85	4.92	0.11	0.02	0.00
Breadsticks Whole Wheat 1.5oz	1 stick 1.5oz	1	110	0	220	1.00	1.08	20.0	0	3.6	*N/A*	4.0	21.0	1.0	0.00	0.00
Fruit Choice	1/2 cup	1	41	0	4	1.02	0.11	2.9	83	1.12	*0	0.12	10.17	0.04	0.00	*0.00
Fruit Fresh Choice	1 Serving 1/2cup	1	65	*0	4	2.45	0.42	16.5	967	24.09	*8	0.87	16.6	*0.2	*0.03	*0.00
MILK LOWFAT	1 8 oz	1	110	10	135	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			1386	*114	2586	28.82	*8.25	*733.8	*14965	*74.77	*42	63.06	178.10	*47.50	*17.18	*0.17
% of Calories											*12.1%	18.2%	51.4%	*30.9%	*11.2%	*0.1%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Fri - 04/28/2017																
NORTHFIELD ELEMENTAR	Total	450														
French Toast WG Rich's Elem	3 sticks	400	270	0	510	1.50	2.70	150.0	450	3.6	*N/A*	6.0	40.5	10.5	1.50	0.00
Yogurt,Greek honey vanilla	1 each	1	100	5	80	0.00	0.00	250.0	0	0.0	*N/A*	8.0	16.0	0.0	0.00	0.00
PBJ, meal elem	1 entree	1	320	0	320	3.00	1.08	20.0	65	0.0	13	10.0	32.0	17.0	3.50	0.00
SANDWICH,TURKEY & CHEESE	1 SANDWIC	1	258	33	753	3.84	1.94	251.2	162	0.45	3	19.55	28.01	7.34	3.02	0.17
Peppers, green sliced	1 serving(1/2c)	1	9	0	1	0.78	0.16	4.6	170	36.98	1	0.4	2.13	0.08	0.03	0.00
Red peppers, fresh sliced	1 serving(1/2c)	1	12	0	1	1.00	0.18	5.0	1450	87.3	0	0.5	3.0	0.0	0.00	0.00
Potato Choice	1/2 cup	360	127	*0	183	2.05	*0.39	*4.8	*N/A*	*5.31	*N/A*	1.99	19.8	4.57	0.44	*0.00
Fruit Choice	1/2 cup	300	41	0	4	1.02	0.11	2.9	83	1.12	*0	0.12	10.17	0.04	0.00	*0.00
Fruit Fresh Choice	1 Serving 1/2cup	1	65	*0	4	2.45	0.42	16.5	967	24.09	*8	0.87	16.6	*0.2	*0.03	*0.00
MILK LOWFAT	1 8 oz	425	110	10	135	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			474	*10	732	3.68	*2.79	*423.6	*934	*10.80	*11	14.64	71.11	*15.43	*3.12	*0.00
% of Calories											*9.7%	12.4%	60.0%	*29.3%	*5.9%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Northfield Public Schools

Base Menu Spreadsheet

Portion Values - Detailed

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Apr 3, 2017 thru Apr 28, 2017

NORTHFIELD ELEMENTARY LUNCH

Generated on: 3/16/2017 2:39:59 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Average			858	*61	*1513	*12.75	*4.94	*647.6	*5649	*37.67	*28 *29.1%	*40.87 *19.1%	111.63 52.1%	*28.59 *30.0%	*9.11 *9.6%	*0.15 *0.2%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	858		550 - 650	132%			208	Correction Required - Calories too High
Cholesterol (mg)	61				Missing			
Sodium (mg)	1513		1230		Missing		283	Correction Required - Sodium too High
Fiber (g)	12.75				Missing			
Iron (mg)	4.94				Missing			
Calcium (mg)	647.6				Missing			
Vitamin A (IU)	5649				Missing			
Sugars (g)	28	12.93%			Missing			
Vitamin C (mg)	37.67				Missing			
Protein (g)	40.87	19.06%			Missing			
Carbohydrate (g)	111.63	52.06%						
Total Fat (g)	28.59	30.00%	<=30.00%		Missing			
Saturated Fat (g)	9.11	9.56%	<10.00%		Missing			
Trans Fat ¹ (g)	0.15	0.15%			Missing			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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